



2023-2024 Annual Report





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Acknowledgment

We acknowledge and pay respect to those with a lived and living experience of mental health conditions.

Your strength, resilience, and insights are invaluable.

Your journey and experiences provide a depth of understanding that informs and enriches our collective approach to mental health awareness and advocacy.



Our **Vision**

For Australians to have the best possible mental health and quality of life.

Our **Mission**

Mission 1

The core strength of MIFA is amplifying the voices of people affected by severe and complex mental health conditions, their families, and their friends.

Mission 2

We advocate for positive changes in all areas of social and public policy that impact the quality of life of people with lived experience of mental health conditions, as well as families, carers, and friends.

Mission 3

We create collaborative projects and communities of practice that help each other become financially viable and deliver effective, quality support.

About MIFA



Since 1986, MIFA has been a leading voice in the mental health sector, championing the needs and interests of individuals living with mental health conditions, their families, and caregivers.

Our core belief is that the experiences of those with lived mental health challenges should shape mental health policies, service delivery, and societal attitudes.

We utilise diverse advocacy channels to highlight the issues affecting people with lived experience of mental health conditions. Our efforts focus on influencing policymakers, funders, politicians, researchers, and sponsors to invest in services that truly transform lives.

Our Values

1

Lived Experience Leadership

We believe in the power of lived experience to guide the design and development of the mental health system.

2

Comprehensive Psychosocial Support

Everyone with psychosocial needs arising from mental health conditions should have access to the necessary support within their community.

3

Collaborative Recovery-Oriented Services

We co-design and co-develop recovery-oriented services with those who have lived experience of mental health conditions, as well as their carers and loved ones.

4

Empowered Mental Health Workforce

We are committed to developing the mental health workforce, including the lived experience workforce, and recognising and rewarding the transformational role of recovery support work in individuals' lives.

5

Holistic Mental Health Reform

Our approach to mental health reform addresses the social determinants of health and prioritises improving social connections.

The MIFA Network



MIFA works in partnership with our Member organisations to understand the needs and issues of people affected by mental illness. This collaboration strengthens our advocacy and the work we do. We aim to succeed together to cause positive change and enhance the quality of life for everyone impacted by severe mental illness in Australia.

MIFA is a federation of community-managed mental health organisations across Australia. We provide specialist mental health and psychosocial disability services to over 20,000 individuals, their carers and loved ones annually. With a wealth of experience in delivering targeted, community-based programs, we are committed to supporting those affected by mental health conditions and psychosocial disability.

We empower our member organisations to remain financially sustainable and deliver high-quality, effective supports. By working in partnership, we strive to understand and address the needs of people impacted by mental health conditions, aiming to create positive change and improve the quality of life for those dealing with severe and complex mental health conditions in Australia.

The MIFA Network offers a collaborative platform for MIFA Board Members, Member CEOs, and Central staff to regularly discuss strategic directions, advocacy initiatives, mental health reforms, service delivery innovations, and strategies to enhance our collective impact.



Our Impact

OUR ADVOCACY



7 formal submissions

39 meetings with parliamentarians, policymakers & departmental representatives

39 meetings with key mental health influencers & partners around Australia

9 Communities of Practice meetings

14 engagement events with MIFA Members

4 MIFA CEO Group Meetings

Input into 55 consultations, expert panels, workshops & conferences

6 media releases & 107 media interviews

OUR LIVED EXPERIENCE INITIATIVES



Finding North

Finding North Network

Perspectives 2024 Finding North Network Lived Experience e-Symposium

Out From The Mist 2023

CAPACITY BUILDING



Our Communities of Practice and MIFA CEO Group meetings, conferences, and workshops held across Australia supported our member organisations and stakeholders to connect, learn, and share as we work together with a shared sense of purpose in supporting people impacted by mental health conditions and psychosocial disability.

MEMBERSHIPS



7 MIFA Member organisations

367 Finding North Network members

MIFA was a member of 5 mental health advisory groups

COLLABORATION



MIFA led the National Psychosocial Support Advocacy Alliance Campaign with 40 organisations Australia-wide.

MIFA supported our member organisations in advocacy and providing essential support services to over 20,000 people across Australia.

OUR AWARENESS CAMPAIGNS



2023 Mental Health Week

2024 Schizophrenia Awareness Week.



From the MIFA Chair & CEO

Welcome to the 2023/2024 MIFA Annual Report.

This past year has been both challenging and rewarding, marked by significant transitions, the reinforcement of our network, and an unwavering commitment to our mission.

A New Chapter

In 2024, we said goodbye to Hayley Abell, whose commitment and leadership were instrumental in shaping MIFA's advocacy strategy and strengthening ties with our members and partners. She leaves a lasting impact on our community.

At the same time, we bid farewell to Zoey Ka, to whom we are grateful for her invaluable contributions to lived experience leadership, and to Professor Anthony Harris, whom we acknowledge for his role as Deputy Chair of the MIFA Board. We also welcomed Hayley Harris to our team.

Strengthening Our Partnerships

A core role of MIFA is to bring together organisations and individuals from across Australia to connect, learn, and share. This year, we proudly welcomed Karakan as our newest member, enhancing our national voice and advocacy efforts. We also bid farewell to One Door, one of MIFA's founding members, due to its merger with Mind Australia. We are thankful for their considerable contributions and extend our best wishes for their future collaboration.

Our partnership with the Parliamentary Friends of Mental Health continues to be invaluable as we reinforce the message that mental health is a fundamental human right, along with the urgency of working together to ensure that NDIS reforms are fair and reflect the needs of those with psychosocial disabilities.

Advocacy at the Forefront

MIFA continues to take a strong stance on critical issues, advocating at all levels of government for urgent action to close the gap in psychosocial support for those with severe and complex mental health conditions who are not covered by the NDIS.

Our advocacy extended through the National Psychosocial Campaign Alliance, which consistently met throughout the year. We saw increased membership and conveyed a strong message to the government about investing in community-based psychosocial supports.

This year, we strongly urged the Government to release the National Report into Unmet Needs and championed a coordinated national response based on its findings. We called for dedicated funding to establish a national psychosocial support program with clear roles and responsibilities for all stakeholders. We also celebrated the government's decision to fund two new peak bodies for carers and are committed to working collaboratively with them to strengthen the voices of lived experience.

We also continued to deliver our annual awareness campaigns for Mental Health Week and Schizophrenia Awareness Week in collaboration with people with lived experience and our MIFA partners.

Lived Experience Leadership

Finding North Network continues to go from strength to strength, expanding its membership while demonstrating the effectiveness of co-design processes through recent evaluations.

Perspectives 2024, our second Finding North Network Lived Experience e-Symposium, was a notable success as it continues to grow in reach and impact, amplifying lived experience perspectives for connection, awareness, and change across Australia.

Conferences and Collaboration

This year saw three major conferences in Townsville, Perth, and Canberra, where we brought together member organisations, government and lived experience leaders to address issues within the NDIS and gaps in psychosocial support services. These events fostered collaboration and enabled all parties to listen, learn, and co-create solutions that make a real difference in the lives of those we serve.

The 2023 Australian Psychosis Conference was a resounding success, strongly focusing on human rights in mental health. As we look to the future, Psychosis Australia is transitioning into a corporate trustee structure, establishing a new legal entity while maintaining its integral relationship with MIFA.

Emphasising the importance of psychosocial support and capacity building, MIFA representatives joined global leaders in attending the Mental Health Global Community Summit in Portugal.

Sustaining Our Efforts

We acknowledge the tireless efforts of our CEO, Tony Stevenson, in growing and maintaining our sponsorship base. This enables us to deliver impactful events and campaigns and support our community. One such initiative is "Out From The Mist", which continues to celebrate artistic expression and reduce stigma around mental health.

Looking Forward

As we anticipate the release of the National Report into Unmet Needs, we remain committed to pushing for reform and ensuring our voices are heard at all levels of government. We aim to secure direct engagement with ministers and continue to advocate for a more inclusive and equitable mental health system.

Thank You

We thank our Board, MIFA team, member organisations, partners, sponsors, and volunteers for their unwavering dedication and support. Together, we strengthen our collective impact, united by a shared purpose.

We also thank our co-design teams and advisory members for their invaluable contributions in shaping initiatives that transform lives. Thank you for trusting us, sharing your stories, and lending your expertise to our mission.



Claire Moore
MIFA Chair



Tony Stevenson
MIFA CEO



Advocating for Psychosocial Support

“More than 230,500 people in Australia who need support in the community to manage their psychosocial disabilities are currently missing out on psychosocial services.”

Final Report of the Analysis of Unmet Need for Psychosocial Supports Outside of the NDIS

MIFA remained at the forefront of mental health policy reform in 2023-2024, advocating for people with lived experience of mental health conditions and psychosocial disability through national campaigns, advocacy, submissions and active participation on advisory panels, working groups, roundtables, and direct engagement with key decision-makers across all levels of government.

National Psychosocial Support Advocacy Alliance Campaign

One of our major initiatives was the National Psychosocial Support Advocacy Alliance Campaign. MIFA led this campaign, bringing together over 40 leaders, including individuals with lived experience, peak bodies, mental health organisations, researchers, and academics, to advocate for increased investment in community-based psychosocial support.

We welcomed the Australian BPD Foundation as a new alliance member this year and held regular meetings to discuss national and state/territory developments, including changes to the NDIS Amendment Bill and pre-budget and budget announcements.

Federal Budget Response

In our 2024-2025 Budget Submission, MIFA

continued to push for a National Psychosocial Support Program to expand psychosocial support outside the NDIS. We emphasised the urgent need for a community-based program that is cost-effective, sustainable, flexible, recovery-focused, and accessible for those living with complex mental health conditions.

Although we were disappointed that the 2024 Federal Budget did not allocate new funding for community-based psychosocial support services, we remain committed to our advocacy efforts. We are calling for immediate action on the National Psychosocial Support Unmet Needs Report and urge the Federal Government to take the lead in establishing a National Psychosocial Support Program for those ineligible for the NDIS.

Reviewing the NDIS

MIFA submitted a supplementary report to the NDIS Review Panel, offering detailed recommendations for improving psychosocial support within and outside the NDIS. We outlined how a National Psychosocial Support Program could help individuals currently not receiving essential services and identified opportunities to enhance the delivery of recovery-oriented supports for people with psychosocial disabilities within the NDIS.



Working Together

“We work collaboratively with our MIFA Members and sector partners to speak with one voice on matters of mental health reform, with the voice of lived experience at the centre of our work. With this focus, we continue to successfully influence real change and lead policy reforms to improve people's lives.”

Tony Stevenson, National CEO

Collaboration is critical to strengthening our advocacy and enhancing the quality of life for those impacted by severe and complex mental health conditions and psychosocial disability. This year, we brought together stakeholders through various initiatives.

Psychosocial Support Roundtable

In July 2023, MIFA held its third roundtable, bringing together government officials, NDIS representatives, and lived experience leaders to address gaps in psychosocial support services and co-create solutions to improve outcomes.

This was a shining example of how we can continue progressing these issues by working together.

MIFA's Biannual Conferences

MIFA held three Biannual Conferences across Australia in 2023-2024 in Townsville, Canberra and Perth.

These conferences featured workshops, site visits, networking and discussions on NDIS reform and psychosocial support, and facilitated collaboration with government bodies, mental health peak organisations,



Community leaders and people with lived experience. The chance to connect with more of our members in their local areas allowed the conferences to successfully enhance our network throughout Australia.

Forging New Partnerships

In 2024, we welcomed Karakan as our newest MIFA member organisation, adding to the strength of the MIFA network and further broadening our national voice.

MIFA also became a signatory to the Australian BPD Foundation National Consensus Statement to support system reform for people living with BPD and people in their support networks.

The Parliamentary Friends of Mental Health

The Parliamentary Friends of Mental Health is a collaboration of elected members and senators dedicated to addressing the needs and interests of people affected by mental health challenges.

In March 2024, MIFA hosted a dinner at Parliament House with the theme "Mental Health - A Human Right," facilitating

discussions with parliamentarians and reaffirming mental health as a fundamental right. Professors Fran Baum AO and Sharon Lawn shared their insights and research highlights as guest speakers.

The convenors, Tracey Roberts MP from Labor, Andrew Wallace MP from the Liberals, and Senator Jordon Steele-John from the Greens, emphasised the need to work collaboratively to improve our mental health system and ensure that upcoming changes to the NDIS are fair, equitable and reflect the needs of people with psychosocial disability.

Expert Roundtable on Schizophrenia

In 2024, we participated in an expert roundtable hosted by Boehringer Ingelheim. The roundtable included mental health advocacy representatives from around the world. International experts, such as Professor Peter Falkai, shared insights into understanding and treating cognitive symptoms in schizophrenia from a global perspective. Dr. Richard Schweizer provided insights about the impacts of cognitive symptoms as a lived experience representative.



Lived Experience Leadership

Over the past few years, Lived Experience Leadership and peer work have flourished within MIFA and across Australia. We are proud to have contributed to this progress and are committed to further advancing this crucial area of mental health advocacy.

Growth of Finding North Network

Finding North Network is an exclusive online social network for individuals with firsthand lived experience of mental health conditions, fostering peer connection, discussion, and advocacy across Australia.

Since its launch in 2021, the network has grown significantly. With 367 members from across Australia this year, we saw increased engagement among members who actively shared local opportunities and insights.

In May 2024, we received news that we had successfully secured three additional years of funding to expand the network, enabling us to offer more peer-to-peer training opportunities to enhance self-advocacy and increase knowledge and skills in healthcare and human rights.

We also celebrated a milestone with our first in-person event in Perth, where 20 members and lived experience speakers gathered, strengthening personal connections within our community.

Extending Our Reach and Impact

Throughout the year, we collaborated with members of our co-design group to create new content for the Finding North website, drawing on their unique perspectives and



expertise. We also welcomed new voices from students and individuals across the network, enriching our platform with diverse lived experiences.

Having been awarded another year of funding to support our website initiative, we aim to deepen our collaboration with our co-design team and enhance our promotion further to extend our reach and ensure our resources help more people.

The Finding North Team

In September 2023, we bid farewell to Zoey Ka, our first Lived Experience Leader, whose leadership was instrumental in establishing the network. We welcomed Hayley Harris as our new Lived Experience Lead. Based in Perth, Hayley brings extensive experience as a trainer, facilitator, advisor, and advocate, integrating her lived experience into every aspect of her work.

Lived Experience Advocacy

Our advocacy efforts continued to gain momentum in 2023-2024.

Hayley Harris actively participated in numerous events nationwide, including serving as MC at the 2024 WA Peer Supporters Network Conference.

At The MHS Conference in Adelaide, we connected with attendees through presentations and an information booth. Finding North was honored to receive a Highly Commended Award.

Acknowledgment of Our Supporters

We sincerely thank our funder, the Australian Government Department of Social Services, and our dedicated co-design and project teams. Their support has been invaluable in helping us build meaningful connections, deepen knowledge, and empower those with lived experience of mental health conditions.



Perspectives 2024

“The raw humility and generosity of spirit of all involved was heart-warming. It supports my current path of raising Mental Health awareness/advocacy with veterans and community. Thank you to all for making a positive difference in the lives of others. We must never give up.”

Perspectives 2024 Attendee

Perspectives 2024, the Finding North Network Lived Experience e-Symposium, highlighted the diverse Lived and Living Experience voices across Australia as we delved into the theme "Amplifying Lived Experience Perspectives for Connection, Awareness, and Change."

Following the success of our 2022 event, the free two-day online symposium featured 14 Lived Experience speakers, including keynotes Mary O'Hagan, Tess Moodie, and Estelle Hope, who shared their personal stories of recovery, healing, and advocacy.

Our host, Ben Broadbridge, led the event as

Speakers explored diverse topics. These included the unique challenges faced by migrant and refugee communities, the power of Lived Experience storytelling, ethical engagement, and the varied pathways available for those embracing their expertise.

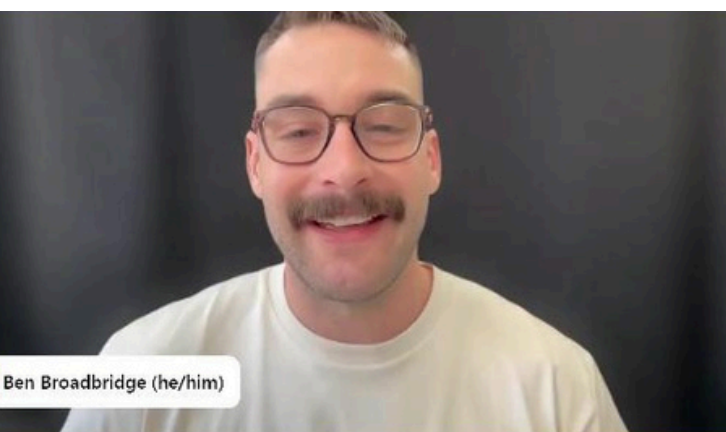
Speaker Engagement a Standout

One of the standout features of Perspectives 2024 was the extensive support provided to the speakers. This support included pre-event workshops, one-on-one coaching, and pre and post-event debriefs. The support ensured that the speakers felt prepared, valued, and respected, contributing to the overall success of the e-Symposium, as was shown in the positive feedback received from the speakers.

Event Growth and Engagement

Perspectives 2024 saw a significant increase in engagement, with attendance nearly doubling from the 2022 event. There were 391 participants on Day 1 and 414 on Day 2. This was reflected in the active participation from attendees through online chat, Q&A, resource utilisation, and the positive feedback received during and after the event.

To learn more about Perspectives, visit findingnorthnetwork.com.au.



OUT FROM THE MIST

Representations of Mental Illness



About Out From The Mist

Out From The Mist is an international photography, short movie, and music competition proudly supported and coordinated in partnership with MIFA.

While various competitions celebrate art as therapy, Out From The Mist focuses on expressions of lived experience of mental illness.

Building an international community of people affected by mental illness provides a platform to share their creativity and stories, inspiring hope and optimism for the future. This initiative highlights the diversity of mental health experiences and fosters inclusion by giving a voice to those often marginalised.

Out From The Mist 2023

In 2023, Out From The Mist attracted high-quality entries and heartfelt stories from participants across various countries, including America, Canada, the UK, the Philippines, Belgium, Finland, France, Germany, Greece, India, Ireland, Italy, the Netherlands, Norway, Spain, and Australia.

The awards night and exhibition opening, held at the Judith Wright Arts Centre in Brisbane during Mental Health Week 2023, welcomed notable attendees such as Brisbane Councillor Vicki Howard, the Civic Cabinet Chair of the Community, Arts, and Nighttime Economy Committee, alongside Queensland Mental Health Commissioner Ivan Frkovic.





“This event allowed me to breathe for a little longer and change my mindset to feel not so alone and isolated.”

Alla Ma, 2023 Out From The Mist Finalist

Attendees shared how deeply the artworks affected them, inspiring them with diverse pieces that reflect shared experiences of mental health and illness from around the globe.

During the two-week exhibition, the Judith Wright Centre hosted multiple performances that attracted over 800 visitors.

On the Road with Out From The Mist

In July 2023, we showcased a pop-up exhibition at the Equally Well Symposium in Sydney. This event highlighted 40 images from the past four years of competitions and provided information about the 2023 competition in delegate packs. The exhibition was also live blogged on The Mental Elf blog.

Various organisations, including One Door Mental Health, also facilitated pop-up exhibitions nationwide, helping to expand reach and impact.

Thank You

We would like to express our gratitude to the competition judges and Michael Lockwood, the Creative Director of Out From The Mist, for their unwavering vision and commitment, as well as our generous sponsors. We also extend our thanks to MIFA’s Ilyse Elphick for her continued efforts on the initiative.

Congratulations to all the participants, finalists, and Out From the Mist 2024 winners.

Out From The Mist depends on funding to keep making a difference, amplifying the voices and stories of individuals living with mental illness, and combating stigma.

To learn more, support the initiative and join next year’s competition, visit outfromthemist.com.

Raising Awareness



Throughout 2023/2024, MIFA led two national awareness campaigns, collaborating with people with lived experience of mental health conditions and our MIFA partners. These initiatives aimed to raise awareness of mental health conditions and amplify lived and living experience voices across Australia via traditional and digital media platforms and events.

Mental Health Week 2023

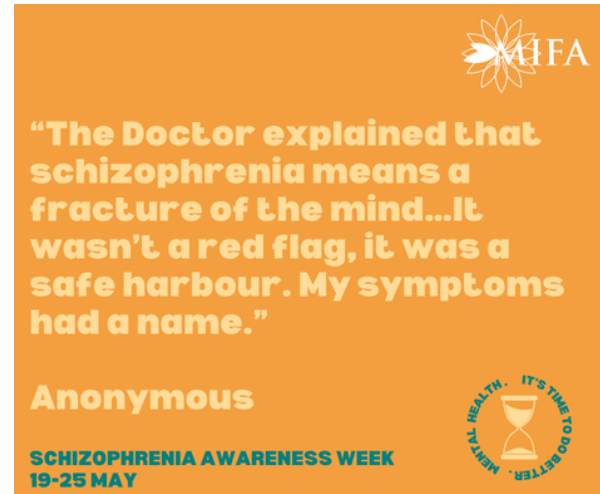
During Mental Health Week 2023, we focused on "Awareness, Belonging, and Connection" to elevate mental health awareness and the importance of mutual support and well-being. Our comprehensive marketing campaign included in-person events, an extensive digital media campaign, and a national public relations push in partnership with Media Key.

We reached a broad audience through Letters to the Editor and media releases circulated to 580 media outlets, 65 radio interviews, three television interviews, and widespread social media engagement through MIFA member organisations and sponsors.



Schizophrenia Awareness Week 2024

The 2024 campaign for Schizophrenia Awareness Week centred on the theme, "Mental Health: It's Time to Do Better."



The campaign advocated for empathy, understanding, and diverse perspectives, actively challenging stigma while encouraging more inclusive dialogues.

Across the week, we called for greater investment in mental health support, especially for individuals living with schizophrenia and other complex conditions. We also emphasised the need to prioritise funding to meet the increasing demand for mental health services and end neglect.

Our initiatives blended digital and traditional media marketing, in-person events, and collaborations with MIFA member organisations, sponsors, and communities to broaden our outreach and amplify essential messages. We circulated our Letter to the Editor and media release to 580 media outlets, conducted 47 radio interviews, and were featured in a TV news segment on WIN Tasmania.



Psychosis Australia

Psychosis Australia (PA) is a knowledge-based organisation that advocates for strategic multi-centre translational research to bridge the gap between existing research knowledge, clinical practice, and service delivery.

PA emphasises preventative approaches to schizophrenia and mood disorders, focusing on minimising or preventing the psychosocial disabilities that can occur post-onset. Additionally, PA is at the forefront of critically analysing traditional research methods by incorporating the perspectives of those with lived experience.

Changing of the Guard

In 2023-2024, we farewelled our Chair, Stephen Gerlach AM, who played a pivotal role in laying the foundation for our advocacy work, and Board member and Chair of the Research Advisory Council, Professor Alison Yung. Also retiring from the Board were Professor Stanley Catts, Dr. Debbie Hamilton and Bronwyn Russell. Their dedication and expertise have been greatly appreciated.

In turn, we welcomed long-term Board member Rob Ramjan AM as the new Chair of Psychosis Australia and Professor Dan Siskind, who joined as a new Board member and Chair of the Research Advisory Council.

This transition ushers in a new chapter for our organisation as we evolve into a corporate trustee and form a new legal entity. We aim to recruit new members who will bring fresh perspectives and build on the strong foundation established by our predecessors.



Australian Psychosis Conference 2023

The Australian Psychosis Conference 2023 in Sydney gathered over 300 delegates, including researchers, lived experience leaders, and clinicians, to discuss the theme “Be the Bridge.”

The event featured updates on research and care models, for the first time, a plenary on lived experience research, and a notable keynote by Professor Brian Burdekin on the Human Rights Protection Paradigm for Australians with Psychotic Illness.

Global Advocacy Summit, Portugal

In June 2024, Rob attended the Global Advocacy Summit in Portugal, hosted by Boehringer Ingelheim, where he led a popular session on volunteer recruitment and retention, emphasising the vital role of personal experiences in advocacy.

Looking Ahead

Looking ahead to 2024-2025, PA aims to secure core funding and is collaborating on a research report about schizophrenia and cognitive impairment with Boehringer Ingelheim and Deakin University. We are planning the 2024 symposium with Mindgardens Neuroscience Network.

[Learn more at psychosisaustralia.com.au.](https://psychosisaustralia.com.au)

Our People



Our Board

Claire Moore – Independent Chair
Professor Anthony Harris – Deputy Chair, One Door Mental Health
Brien Hallett – Mental Health Foundation ACT
Ann White – MIFWA
Vanessa Harris – MIFANT
Danielle Hornsby – selectability
Holly Blatman KC – Karakan
Adam McCallum – Skylight Mental Health
Rob Ramjan AM – Independent Board Member

Our Team

Tony Stevenson – National Chief Executive Officer
Hayley Abell – Director of Strategy & Advocacy
Donna Didlick – Project Director
Zoey Ka – Lived Experience Project Lead
Ilyse Elphick – Operations Manager
Crystal Heffron – Project Officer
Hayley Harris – Lived Experience Project Lead

Our Co-Design Team

Amanda Keaton – NSW Lived Experience Representative
Anne Barbara – SA Carer Representative
Arahi Sont – NSW Carer Representative
Ellen Mugridge – ACT Service representative
Hayley Harris – WA Lived Experience Representative
Jenny Smith – NSW Lived Experience Representative
Norm Wotherspoon – QLD Lived Experience Representative
Roz Havard – NT Carer Representative

Our Volunteers

Bev Turnbull
Garth Elphick
Danae O'Neil
Jesse Barkho
Jacqui Campbell

Our Patron

His Excellency General, the Honourable David Hurley AC DSC (Retd), Governor-General of the Commonwealth of Australia

MIFA Member CEOs

Chris Ward – Mental Health Foundation ACT
Lorraine Davies – MIFANT
Monique Williamson – MIFWA
Kathi Boorman – One Door Mental Health
Debra Burden – selectability
Paul Creedon – Skylight Mental Health
Cameron Thayer – Karakan

Finding North Network Advisory Group

Jan Archer – Principal and Facilitator for Alliance for Leadership Learning
Hayley Harris – Peer Facilitator and Trainer for MIFWA
Kathi Boorman – One Door Mental Health CEO
Tony Stevenson – MIFA National CEO
Zoey Ka – MIFA Lived Experience Project Lead
Donna Didlick – MIFA Project Director

Perspectives 2024 Committee

Janine Defontaine – Project Lead & Committee Co-Chair
Hayley Harris – Project Team Member & Committee Co-Chair
Gus Soars – Committee Member
Anna Gould – Committee Member
Anna Scheppers – Committee Member
Melissa Pietzner – Committee Member
Crystal Heffron – Secretariat & Project Team Member
Donna Didlick – Project Team Member
Hayley Abell – Project Team Member

Psychosis Australia Board of Trustees

Stephen Gerlach AM – Chair (Resigned in December 2023)
Robert Ramjan AM – Chair from December 2023
Bronwyn Russell – Treasurer (Resigned in December 2023)
Tony Stevenson – Secretary
Professor Stanley Catts (Resigned in September 2023)
Kerry Hawkins – Trustee
Zoe Black – Trustee
Justin Chapman – Trustee
Professor Alison Yung (Resigned in January 2024)
Professor Dan Siskind – Trustee and Chair of Research Advisory Council from Feb 2024
Dr Debbie Hamilton (Resigned in January 2024)



Our Sponsors

We acknowledge and appreciate the support of our sponsors throughout the year.

Through your support, we have been able to continue to play a valuable role in leading mental health sector reform, expand our programs, offer critical resources, and advocate for policies that drive meaningful change. Together, we are building a community where mental well-being is prioritised, and the voices of people living with mental health conditions, their families, and carers are amplified.

We look forward to continuing this journey with you, fostering hope and resilience in every individual we reach. Thank you for being an integral part of our mission and making a lasting impact.

Australia Asia Film Group
Boehringer Ingelheim
Department of Health and Aged Care
Department of Social Services
Janssen Pharmaceuticals
Lived Experience Australia
Lundbeck Australia and Otsuka Australia
Media Key
Mental Health Online
Micah Projects
National Mental Health Consumer Alliance

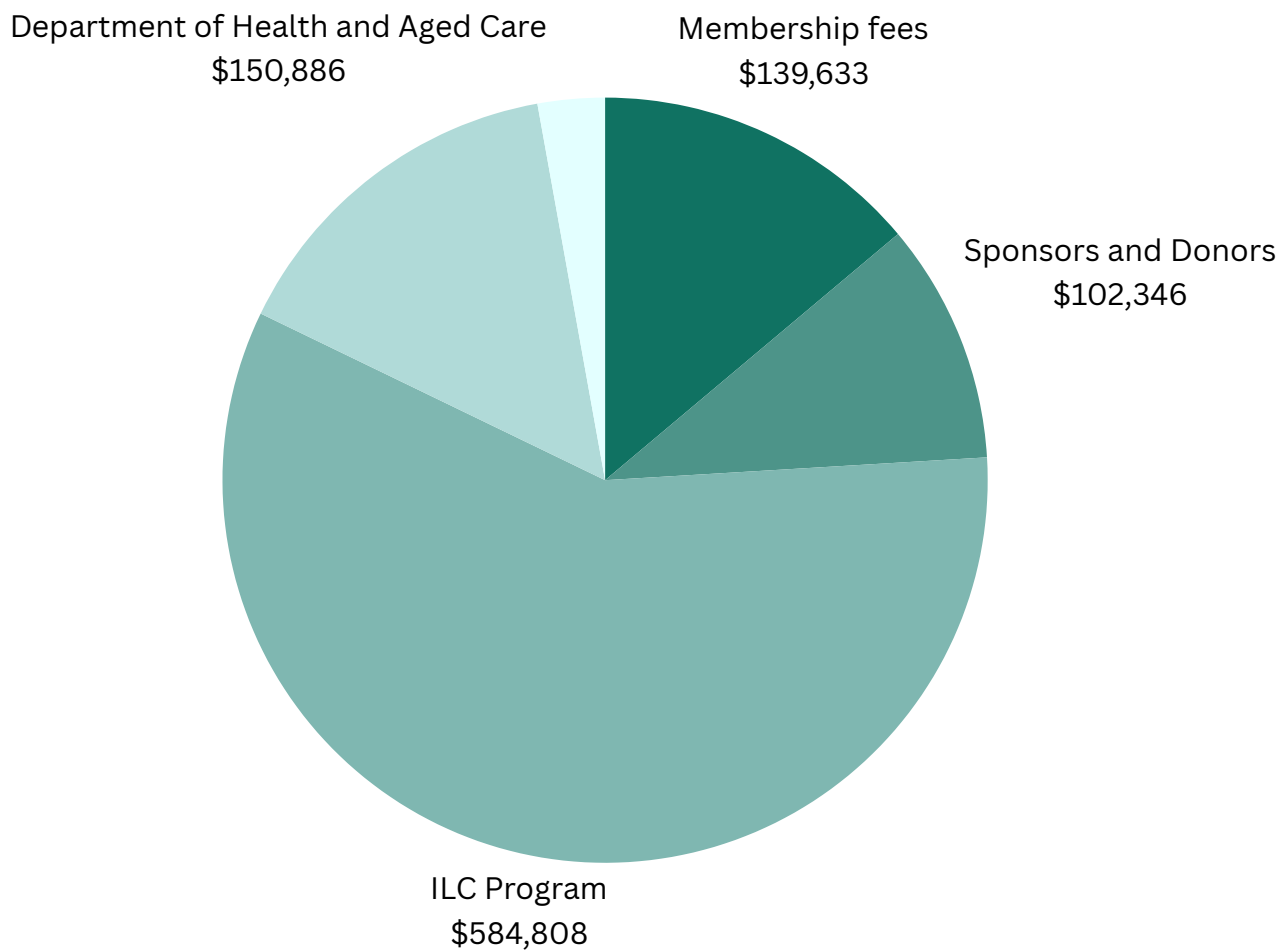
The Platform and Purpose Studio
Princess Pictures
Profile
Queensland Mental Health Commission
Relton Co Pty Ltd
Seqirus
Serif
Servier Laboratories
Steve Parish Nature Connect
The Yorke Family Foundation
The Star Gold Coast



Financial Summary

Over the 2023/2024 Financial Year, MIFA’s revenue was bolstered through membership fees, sponsorships and donations, and government grants.

We continued to be supported by the Federal Department of Health and Aged Care, and funding through the Information, Linkages and Capacity Building (ILC) Program supported Finding North, Finding North Network and the Perspectives 2024 Lived Experience e-Symposium. The full audited financial statement is available on the MIFA website.





MENTAL ILLNESS FELLOWSHIP OF AUSTRALIA

QCOSS, Ground Floor, River Tower
20 Pidgeon Close, West End QLD 4101

www.mifa.org.au

