



MEDIA RELEASE

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MIFA supports the Australian BPD Foundation National Consensus Statement

Mental Illness Fellowship of Australia (MIFA) is proud to announce that we have become a signatory to the Australian BPD Foundation National Consensus Statement: By, With and for People Impacted by BPD.

The National Consensus Statement advocates for everyone living with Borderline Personality Disorder (BPD), and people in their support networks, being able to access timely and equitable treatments and supports from an appropriately skilled workforce. It embraces a 'no wrong door' approach to services for people living with BPD, enabling them to access compassionate, appropriate, and strengths-based supports, regardless of complexity or their personal background.

MIFA's National Chief Executive Officer, Tony Stevenson, highlights, "Too many people, including people living with BPD, are missing out on holistic, strengths-based treatments and supports that can assist them to live a good life."

"We must work together with people with lived experience and our sector partners to raise awareness of the issues impacting people with lived and living experience of mental illnesses like BPD and advocate for greater investment in quality psychosocial support services, delivered by skilled and trained professionals in the community."

"We are proud to support the Australian BPD Foundation's National Consensus Statement and the work they do in raising awareness of BPD in the community, addressing stigma and discrimination and improving quality of life for people living with BPD."

BPD is a complex disorder that affects between 1 to 6% of the Australian population. BPD is not well understood and often co-exists with other mental health and physical health concerns.

To learn more about BPD and show your support for the National Consensus Statement, visit [here](#).

Ends

To get help 24/7, phone Lifeline on 13 11 14 or the Suicide Call Back Service on 1300 659 467. If you or someone you know are in immediate danger, phone 000 for emergency services.

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