

MENTAL ILLNESS FELLOWSHIP AUSTRALIA

ANNUAL REPORT

2020-2022



ABOUT MIFA

OUR VISION

For Australians to have the best possible mental health and quality of life.

OUR MISSION

Our core strength is in amplifying the voices of people affected by severe mental illness, their families and friends. We advocate for positive changes in all areas of social and public policy that impact the quality of life of people affected, as well as families and friends. We create collaborative projects and communities of practice that support each other to be financially viable and deliver effective, quality supports.

MIFA NETWORK

MIFA is a long-standing federation of six community-managed mental health organisations across Australia.

MIFA Network Members provide specialist, quality mental health and psychosocial disability supports to individuals, their carers, and loved ones. MIFA works in partnership with our Member organisations to understand the needs and issues of people affected by severe mental illness. This collaboration strengthens our advocacy and the work that we do. We aim to succeed together to cause positive change and enhance the quality of life for everyone affected by severe mental illness in Australia.

The MIFA Network provides a collegiate environment for MIFA Board Members, MIFA Member CEOs and MIFA Central staff to regularly come together to discuss strategic directions, key advocacy messages, mental health reforms, service delivery innovations and strategies to enhance our impact.



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Photos from Out From The Mist Competition 2020-2022

A MESSAGE FROM OUR CHAIRS & CEO



MICK REID AM

MIFA CHAIR
2016-2021



CLAIRE MOORE

MIFA CHAIR
2021 ONWARDS



TONY STEVENSON

MIFA NATIONAL
CEO

On behalf of the MIFA Board, we are pleased to present the consolidated 2020-2022 MIFA Annual Reports.

A changing of the guard

In 2021, we said farewell to Mick Reid AM as MIFA's Chair of seven years. Mick's sector and broader health policy insights and knowledge added considerably to MIFA's governance capability. Thank you for your commitment to MIFA's mission and vision.

In November 2021, we welcomed Claire Moore as MIFA's new Chair. Claire brings considerable political and public policy experience, including as a Senator in the Australian Senate from 2000 until 2019. She has valuable experience working on several Senate inquiries focussing on mental health, suicide prevention, the social determinants of health, and the issues of institutional care, addiction, and service delivery demands. Claire is passionate about the immediacy of the ongoing issues around mental illness and mental health in Australia and how we must maintain urgency so that they remain front and centre.

The ongoing impacts of COVID-19

As we continued to experience the impacts and challenges caused by the COVID-19 pandemic, MIFA turned our attention, together with MIFA Member organisations, to how to best respond and pivot. Our Members shared vital information and innovations with each other, enabling us to adapt and improve. We also participated in national meetings chaired by the Department of Health and the National Mental Health Commission to understand the impact of COVID-19 on mental health, particularly among people with severe mental health conditions.

National Psychosocial Support Advocacy Alliance Campaign

In June 2020, the Productivity Commission released its landmark report on Mental Health in Australia, identifying the number of people missing out on psychosocial supports, as well as the average cost of providing that support. This information formed the basis of our national advocacy campaign to address the gap in psychosocial supports and urge governments to deliver a National Psychosocial Support Program to support all Australians with psychosocial support needs outside the National Disability Insurance Scheme (NDIS).

Sensing the need to act, MIFA brought together an alliance of 40 mental health organisations, including lived experienced leaders, peak bodies, service providers, researchers and academics, to address the gap in psychosocial supports for people with severe and complex mental illness. The alliance calls on all governments to:

- implement the Productivity Commission's Inquiry into Mental Health recommendations on psychosocial supports and establish a National Psychosocial Support Program; and
- ensure the National Mental Health and Suicide Prevention Agreement and bilateral agreements set out the requirement to support all Australians with psychosocial support needs outside the NDIS, with agreed new investments in each jurisdiction.

As our campaign evolves, we will continue to focus on the needs of people sitting outside the NDIS.

Advocating for changes to the NDIS

The disruption caused by the introduction of the NDIS continued to be the focus of our advocacy work. We actively advocated for reforms within the NDIS through submissions, forums, enquiries, briefings, and discussions. This included a formal submission to the Joint Standing Committee on the NDIS Inquiry on general issues around the implementation and performance of the NDIS.

We continued to meet with government representatives across the nation to inform them of the critical issues and reaffirm our positions with the change of government in early 2022. We look forward to meeting with representatives from all parties and jurisdictions to help them understand the key issues and ensure concrete actions are taken.

We were pleased with the development of the new NDIS Psychosocial Support Recovery-Oriented Framework. We continue to work with government representatives to advise on implementing the Framework so the NDIS can respond to psychosocial disability with far greater flexibility.

Co-design and Collaboration

Our Finding North initiative grew considerably with the launch of Finding North Network, developed through a genuine co-design process with people with lived experience. As Finding North evolves, we continue to learn and develop our co-design capability, contribute to the strengths of lived experience leadership and embed lived experience leadership within MIFA and our Member organisations.

The Out From The Mist competition continues to expand to include photography, short film and music, an exhibition roadshow, and the involvement of people from over 20 countries. We hope to further expand the competition throughout Australia and internationally in the coming years.

In June 2022, we hosted a Time To Act Roundtable in Brisbane, bringing together people from across Australia to discuss the issues around the gap in psychosocial supports. Attendees shared their insights as providers and people experiencing the system with the goal of seeing how we can improve the system.

Our national Schizophrenia Awareness Week and Mental Health Week campaigns continued to reach thousands of people. Collaborating with our MIFA Member organisations, partners and people with lived experience, we raised awareness of mental health conditions and Finding North Network. We amplified lived experience voices across Australia through traditional and digital media platforms.

Thank you to our committed Board and the MIFA team for their leadership, hard work and achievements over the last two years. Lastly, we are incredibly grateful to MIFA Member organisations, partners, sponsors and volunteers who strengthen our collective impact.



Out From The Mist Exhibition 2021

OUR IMPACT 2020-2022

Advocacy

We undertook advocacy and provided essential support services to over 20,000 Australians through our Member organisations.

Campaigns

We led the National Psychosocial Support Advocacy Alliance Campaign with 40 organisations across Australia.

Members

MIFA has six member organisations, Finding North Network welcomed 105 Network members and MIFA participated as a member of 10 mental health advisory groups.

Capacity Building

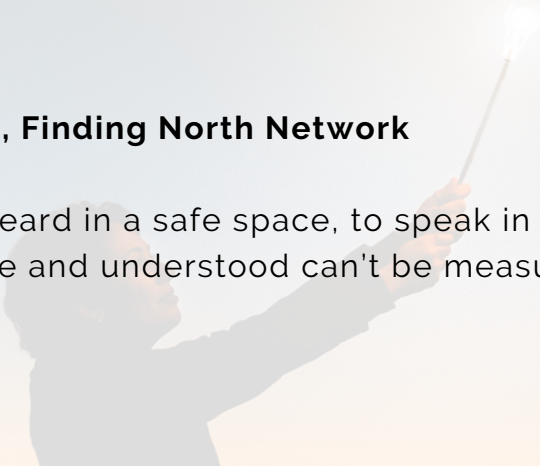
We facilitated the co-design and co-production of Finding North, empowering lived experience leadership, amplifying the voice of lived experience and raising awareness by sharing stories in various creative mediums.

Influence

Our advocacy activities included 42 formal submissions, written responses to consultations, appearances at public hearings, and position papers and letters.

Member, Finding North Network

"To be heard in a safe space, to speak in a safe space, knowing that you're not alone and understood can't be measured."



OUR ADVOCACY

Throughout 2020-2022, MIFA aimed to influence mental health policy reform and represent the needs of people with severe mental illness.

We did this through national campaigns, formal submissions, written responses to consultations, and participation in expert advisory panels, working groups and national mental health stakeholder forums.

12 Formal Submissions

- Joint Standing Committee on the NDIS Quality and Safeguards Commission
- Joint Standing Committee on the NDIS on general issues around the implementation and performance of the NDIS
- Department of Treasury on the 2021 Federal Budget
- Joint Standing Committee on the NDIS on Independent Assessments
- Pharmaceutical Benefits Advisory Committee on Esketamine
- Joint submission to the Joint Standing Committee on the NDIS with Mental Health Australia and Community Mental Health Australia on the NDIS National Workforce Plan 2021-2025
- Joint Standing Committee on the NDIS on Scheme implementation and forecasting
- Standing Committee on Community Affairs on the NDIS Amendment Bill 2021
- National Disability Insurance Agency (NDIA) on the NDIS Annual Pricing Review 2021-2022
- Department of Treasury and Prime Minister and Cabinet on the May 2022 Federal Budget
- Queensland Mental Health Select Committee on achieving better mental health outcomes for Queenslanders
- Select Committee on Mental Health and Suicide Prevention on improving mental health for individuals affected by severe mental illness.

3 appearances to provide evidence at Parliamentary Committee Hearings

- Brisbane Hearing for the Joint Standing Committee on the NDIS for inquiry on Independent Assessments
- Joint Standing Committee on the NDIS Public Hearing for the inquiry into current scheme implementation and forecasting
- Queensland Mental Health Select Committee inquiry public hearing into improving mental health outcomes for all Queenslanders.

11 written responses to consultations

- Department of Health Consultation Survey on the Adult Mental Health Centre model
- NDIA Supported Independent Living Consultation
- NDIA Support Coordination Consultation
- NDIS Psychosocial Recovery-Oriented Framework Consultation Paper
- Department of Health Consultation on the Productivity Commission Mental Health Final Report
- NDIA Independent Assessments Consultation on Access and Eligibility Policy
- National Safety and Quality Mental Health Standards for Community-Managed Organisations
- Department of Social Services NDIS Act 2013 Review Consultation
- Department of Health Consultation on capacity and strengths-based assessment tools
- Department of Health Consultation on the Commonwealth Psychosocial Support Program
- Development of the National Mental Health Workforce Strategy 2021-2031 Consultation.

Participation in expert advisory groups

- Department of Social Services Stakeholder Reference Group
- Mental Health Australia Community Connectors Stakeholder Group
- MAGNET Network
- Primary Health Care Roundtable on Mental Health
- Psychosocial Support Stakeholder Advisory Group
- Caring Fairly Steering Group
- National Mental Health Commission Mental Health Response to COVID-19 Stakeholder Group
- Department of Health Psychosocial Sector Consultation for COVID-19 response
- NDIA Psychosocial Sector Consultation for COVID-19 response
- Department of Health Mental Health Peaks Group.

NATIONAL PSYCHOSOCIAL SUPPORT ADVOCACY ALLIANCE CAMPAIGN



Approximately 50% of people with the most severe mental illness attempt suicide

Approximately 154,000 Australians with severe and complex mental illness do not receive support from the NDIS or other Commonwealth and State/Territory psychosocial programs, missing out on the support they, their families and carers need to improve their quality of life and be equally valued and respected.

When people receive psychosocial supports early, the risk of prolonged distress, lifelong disability, unemployment and homelessness decreases, as do interactions with police, justice, and corrections. There are also cost savings for the health system and the NDIS.

However, funding for psychosocial supports outside the NDIS has decreased significantly since the NDIS was introduced. What remains is fragmented, inadequate and inequitable. We need a focus on prevention and supporting recovery. We want to work with governments to ensure every person can access support when they need it.

In July 2021, MIFA formed an alliance of lived experienced leaders, peak bodies, mental health organisations, researchers and academics from across Australia to address the gap in psychosocial supports. Together we are urging governments to deliver a National Psychosocial Support Program to support all Australians with psychosocial support needs outside of the NDIS. Officially launched in February 2022, the National Psychosocial Support Advocacy Alliance Campaign calls on all Australian Governments to:

- implement the recommendations of the Productivity Commission's Inquiry into Mental Health and establish a National Psychosocial Support Program to support Australians living with severe and complex mental illness outside the NDIS; and
- ensure the National Mental Health and Suicide Prevention Agreement and associated bilateral agreements set out the requirement to support all Australians with psychosocial support needs outside the NDIS with agreed new investments into psychosocial supports.

We continue to promote the campaign whilst supporting alliance members to build their capacity to engage governments in their jurisdictions.

FINDING NORTH



MIFA, in partnership with its Member organisations, has a rich history of providing information and referral services to ensure people get the help they need right across Australia. Finding North is the next iteration of this.

Finding North Network

In 2021, MIFA commenced designing an online Community of Practice and network for people with a lived experience of mental health conditions.



Launching in August 2021 and now with over 105 members, Finding North Network is a safe and secure online environment for the exclusive use of those who identify as having a living or lived experience with a mental health condition.

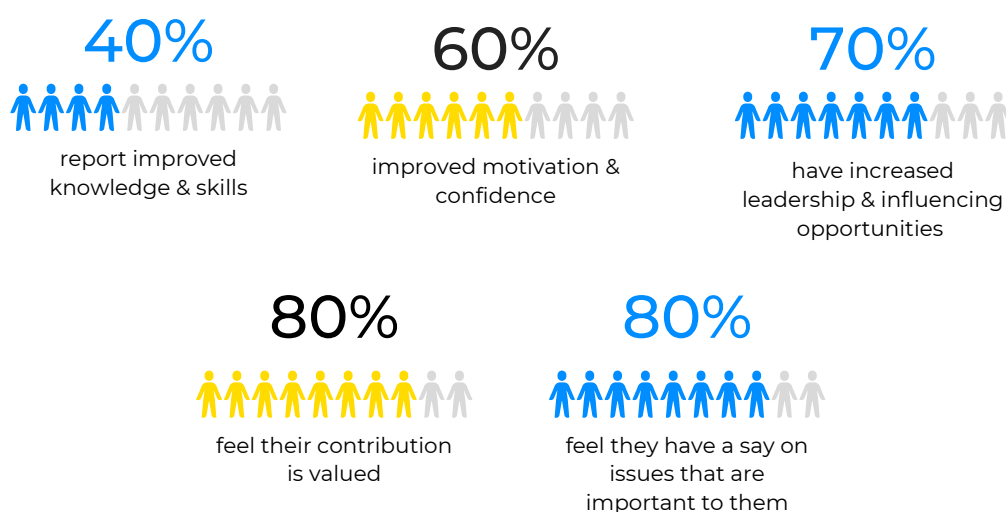
Finding North Network provides a forum for people from diverse backgrounds, roles and skills to share their experiences, discuss ideas and develop their voice in speaking to mental health issues in Australia. It provides pathways for those with lived experience to share their stories and utilise their unique insight to create lasting change for others. The launch of the Finding North Network app enabled more accessibility to the network from any device.

In late 2021, planning commenced on the inaugural Finding North Network e-Symposium with a working committee of experts in lived experience, peer work, mental health and marketing. Under the theme 'Perspectives 2022', the e-Symposium, which will be held in August 2022, will be an opportunity to elevate and champion Lived Experience Leadership across Australia.

In addition to the e-Symposium, the Finding North team coordinated several guest speakers and training events focused on promoting external lived experience events and training to connect people with opportunities in this space.

Finding North Network Evaluation

In March and November 2021, independent evaluators, Young Futures, evaluated the project. We received positive feedback and suggestions for improvement, including identifying inclusive ways to encourage membership, participation and diversity within the network, as well as continuing to nurture a sense of community and belonging.



November 2021 Young Futures Evaluation Results,
Finding North Network Member Focus Group.

Finding North

Since 2020, MIFA has been working closely with a team of people with lived experience, carer experience, and service delivery experience to co-design and co-produce resources for people with psychosocial disabilities, their families, carers and service providers.

The new Finding North website, launching in November 2022, will provide a range of information and resources to help people take the first step in finding what they need to assist them. The website will have a national and holistic focus, with stories of lived experience to ignite people's hope and energy to navigate a system that can be messy to understand.

We thank the co-design teams who have walked with us, providing insights, guidance and vision for Finding North and Finding North Network.

Finding North and Finding North Network are MIFA initiatives funded by the Australian Department of Social Services through the Information, Linkages, and Capacity-building (ILC) grants program.

RAISING AWARENESS

Throughout 2020-2022, MIFA delivered four national media campaigns in partnership with our Member organisations and people with lived experience, to raise awareness of mental health conditions and amplify the lived and living experiences of people across Australia through traditional media and social platforms.

SCHIZOPHRENIA AWARENESS WEEK

In May each year, MIFA, in conjunction with our partner organisations and supporters, leads a national awareness-raising and anti-stigma media campaign for Schizophrenia Awareness Week. The campaign is vital in encouraging people to reach out when they need help and sharing the messages that they are not alone and that recovery is possible.

2021 Discover Better Mental Health Campaign

In 2021, we asked people with lived experience what mattered to them regarding their mental illness. They told us what matters is acceptance, overcoming self-stigma and stigma, contributing and having peers' help in their recovery journey to live a good life. This guided us in creating the 2021 campaign theme 'Discover Better Mental Health'. During the 2021 campaign, the MIFA team engaged more than 15,000 people across social media, 600 print media outlets received the MIFA Letter to the Editor and Media Release, three news pieces were recorded with WIN, Channel 7 and Southern Cross TV, and 38 interviews were recorded for radio nationwide.

2022 Connecting with HOPE Campaign

Our 2022 Schizophrenia Awareness Week campaign emphasised connecting with real-life stories about what it is like to live with schizophrenia or psychosis with a focus on connecting with HOPE. We partnered with SANE Australia and included two SANE Peer Ambassadors as members of our Project Team to assist with developing the theme and campaign content. During the campaign, the MIFA team recorded 40 radio interviews nationwide and five news pieces with WIN TV, Channel 7 and Southern Cross TV. 580 print media outlets received the MIFA Letter to the Editor and Media Release.

Jenny, Lived Experience Advocate

Don't judge me on my mental health diagnosis. Schizophrenia is only a small part of who I am. It doesn't define me - my strength and courage do. I am just like everyone else. You are not your mental illness."

MENTAL HEALTH WEEK

With each Mental Health Week campaign, we aim to raise mental health awareness in an empathetic way, with a unifying voice, to help people feel hopeful, empowered, and ready to take action to create lasting change.

2020 Mental Health Week Campaign

Each year, the World Federation for Mental Health selects a theme. In 2020, the global theme was "Mental health for all. Greater investment and greater access for everyone, everywhere." This message was critical, with the mental health impacts of the COVID-19 pandemic starting to emerge, exacerbating the distress of Australians living with mental ill-health.

MIFA collaborated with Parliamentary Friends of Mental Health Convenors Andrew Fraser MP, Senator Deborah O'Neill, and Senator Rachel Siewert to distribute green ribbons to MPs and Senators to wear at Australian Parliament House during World Mental Health Day.



Senator Deborah O'Neill and Andrew Wallace MP at a joint press conference on 9 October 2020 for World Mental Health Day 2020.

On World Mental Health Day, MIFA team members and families gathered to take a walk along the Brisbane River in support of the One Door Mental Health Wellness Walk. Everyone wore green World Mental Health Day ribbons provided by Lundbeck Australia. We hope to support this initiative every year and encourage other MIFA Member organisations to participate on a larger scale.

During the 2020 campaign, the MIFA team sent 600 Letters to the Editor and Media Statements nationwide and recorded 54 radio interviews covering all States and Territories. The campaign resulted in almost 23,000 impressions across MIFA's social media platforms.

We are grateful to Lundbeck Australia who provided sponsorship to facilitate awareness-raising and educational activities, supporting us to increase our reach and impact.

2021 Finding Your North Campaign

MIFA's 2021 Mental Health Week campaign theme was "Finding Your North". This was the ideal opportunity to profile the launch of Finding North Network and the power of personal stories and connection and to celebrate the voices of lived experience.

The Finding North team participated in more than 50 radio and television awareness-raising interviews across Australia which resulted in increased membership to Finding North Network and awareness about lived experience of mental health challenges.

All in all, 67 radio interviews were recorded nationwide, eight news pieces were recorded with the WIN Network, Nine News, Prime and Channel 7, 560 print media outlets received a Letter to the Editor and Media Release, and almost 15,500 people were engaged across all of MIFA's social media platforms.



WORKING TOGETHER

MIFA works closely with many organisations and individuals to enhance and extend our impact via collaborative projects and communities of practice to improve the lives of people with severe mental illness and psychosocial disability and support our Member organisations to be financially viable and deliver effective, quality supports.

MIFA BIENNIAL CONFERENCE

Throughout 2020-2022, MIFA hosted three MIFA Biennial Conferences, with our April and November 2021 conferences being held online due to the COVID-19 pandemic and border restrictions.

Our April 2021 conference included sessions to engage with our network and broader stakeholder group to support the development of MIFA's strategic directions. The key session was an online roundtable on national mental health reforms. Attendees provided information about their current mental health reform priorities, strategies and initiatives, and the steps to reform. The roundtable allowed us to strengthen our relationships with key mental health sector stakeholders around the country and engage with various stakeholders to shape our future priorities.

In November 2021, sector and departmental colleagues, including Lyndall Soper (Deputy CEO) from the National Mental Health Commission, Leanne Beagley (CEO) from Mental Health Australia and Bill Gye (CEO) from Community Mental Health Australia highlighted the critical priorities and reform challenges faced in the mental health ecosystem.

We facilitated three group discussions, exploring our story, unique strengths, and MIFA's potential in the future. Four strategic priorities emerged from these collaborative workshops, including taking our advocacy to the next level, elevating lived experience leadership, enhancing sustainability and receiving peer recognition for our work.

These insights continue to inform MIFA's direction, including our work on the National Psychosocial Support Advocacy Alliance Campaign and government engagement on the work to be done under the National Mental Health and Suicide Prevention Agreement and bilateral agreements.

TIME TO ACT ROUNDTABLE

In June 2022, MIFA convened a national roundtable in Brisbane called Time To Act, supported by members of the National Psychosocial Support Advocacy Alliance Campaign.

More than 70 guests, including mental health leaders, lived experience leaders, peak bodies, government and agency representatives, academics, researchers and service providers,



came together to collaborate on designing a National Psychosocial Support Program for people with complex mental health conditions.

There was positivity in coming together in person to undertake this collaborative work after a prolonged period of working apart. The roundtable enabled sector and government representatives to discuss key issues around the planning, design and development of a national program of psychosocial supports. This was a proactive step by MIFA and the National Psychosocial Support Advocacy Alliance Campaign to contribute to the work governments must undertake under the National Mental Health and Suicide Prevention Agreement.

MIFA INNOVATION SHOWCASE

In August 2021, MIFA hosted the inaugural MIFA Innovation Showcase for the MIFA Network. We supported the delivery of three online webinars to showcase the initiatives of MIFA and our Member organisations, including MIFA's Finding North Network, selectability's development of an Uber-style feedback system, and MIFWA's successful NDIS workforce development program.

In March 2022, MIFA invited MIFA Network members to join a series of webinars with three of our MIFA Member organisations, showcasing successful programs and innovations making a difference for the individuals they support and their people. These included Recovery 2gether with One Door Mental Health (a new self-organising teams model), the Mental Health Discharge Service Program with Mental Health Foundation ACT and the Lived Experience Telephone Support Service (LETSS) with Skylight Mental Health.

Attendees gave the showcase an overall rating of 4.6 out of 5, with 50% of respondents indicating they would likely implement one of the innovations within their organisation.

OUT FROM THE MIST

Representations of Mental Illness

outfromthemist.com

OUT FROM THE MIST

"To me, the most rewarding aspect of having a platform to share work like this is the idea that someone might see it and think 'yes, that's how I feel, someone else understands, I am not alone'."

- Kris Anderson, Previous Winner

An annual international photography and short movie competition, Out From The Mist is proudly supported by and coordinated in partnership with MIFA.

Now in its third year, the competition provides a platform for professional and amateur photographers and videographers with mental health experiences to have their voices heard through an emotive, powerful, and creative artistic display. Out From The Mist is showcased online and at a live exhibition during World Mental Health Week in October each year. Harnessing the power of storytelling, the exhibition showcases the strengths, challenges, and sad and joyous moments of those who directly and indirectly confront the challenges of mental illness.

We acknowledge the generous funding provided in 2020 and 2021 by the Queensland Mental Health Commission and Queensland Gambling Community Benefit Fund.

Sponsors for 2020

- Affinity Photos
- Princess Pictures
- Micah Projects
- Satellite Foundation
- Colin Biggers Paisley Pty Ltd

Sponsors for 2021

- Superdream
- Profile Products
- Micah Projects
- Affinity Photos
- Princess Pictures
- Aus Asia Group
- Camera Pro
- Peak Designs
- Superordinary
- Queensland Mental Health Commission
- Queensland University of Technology

OUT FROM THE MIST 2020

In 2020, the exhibition was even more critical, considering the unique challenges and significant impacts on mental health due to the COVID-19 pandemic.

We received 56 short-listed photography entries from individuals across the globe. These were showcased in a small physical exhibition in Brisbane during World Mental Health Week in October 2020 and online via the Out From The Mist website and Facebook page.

In 2020, we expanded the competition to include short movies under one minute and photographs. Six movie entries were featured at the exhibition, providing a powerful glimpse into the complexities and challenges of mental health and the hope of recovery.

Due to COVID-19 restrictions, we could not host a physical Awards Ceremony. However, with a stronger online focus, Queensland Mental Health Commissioner, Ivan Frkovic, and MIFA National CEO, Tony Stevenson, announced winners through a video on Facebook and the Out From The Mist website.

OUT FROM THE MIST 2021

In its third year, Out From The Mist provided an opportunity for professional and amateur photographers and short filmmakers with mental health experiences to explore a subject visually that is sometimes hard to convey by spoken word.

We received 404 submissions from people across America, Canada, the UK, South Africa, New Zealand, Spain, India, China, Sweden and Australia. Short film entries tripled submissions received in 2020, and photography entries exceeded even the judges' expectations of the quality offered.

With the easing of COVID-19 restrictions, the Awards Night was held in person with 75 people in attendance. It was also live-streamed to allow entrants and followers to watch the award announcements from anywhere in the world. The event was hosted by Channel 9 Sports Reporter, Michael Atkinson, joined on stage by Queensland Mental Health Commissioner, Ivan Frkovic, and MIFA National CEO, Tony Stevenson.

In 2021, we also launched a travelling roadshow of selected works, adding another level of awareness and engagement in the mental health and wellness space.

We look forward to continuing our support and growing Out From The Mist in 2022 as awareness of this competition grows globally. We acknowledge the continuing support of our Out From The Mist sponsors in 2020 and 2021 and the dedication and passion of the Out From The Mist Creative Director, Michael Lockwood.



PSYCHOSIS AUSTRALIA TRUST

Our Mission

To support organisational, investment and policy capacity to carry out priority-driven research into psychotic illnesses, with the aim of helping all those affected by these mental illnesses to live better lives now.

Every Australian who experiences psychosis deserves a better future and the chance to make something of themselves.

MIFA auspices the Psychosis Australia Trust, an organisation dedicated to embedding a strategic approach to psychosis research in Australia to positively impact the lives of people living with psychosis.

Psychosis Australia is uniquely positioned to lead a revolution in care because no other organisation combines the dedication of patients and their families, the generosity of the community and Government, and the relentless determination of scientists nationally. They work with researchers, people living with psychosis, and their families and carers across Australia to understand the research gaps and identify priority research areas.

Throughout 2020-2022, MIFA supported Psychosis Australia with several strategic initiatives, including:

- development of a prospectus document to support the Board's renewed focus on sustainability to secure funding to support strategic psychosis research activities in Australia
- planning the Symposium on Action on Poor Physical Health in Psychosis
- planning the 21st National Australian Psychosis Conference 2023.

What next?

In 2022-2023, Psychosis Australia plans to increase awareness about the organisation and its mission through various initiatives, including designing and launching a new website and logo and actively seeking to partner with funders and philanthropists to support strategic psychosis research.

Approximately 4% of people in Australia experience psychosis at some stage, with schizophrenia being the third leading contributor to the burden of disease and injury in Australian males aged 15 to 24.

Additionally, Psychosis Australia will produce a position paper from work completed at the Symposium on Action on Poor Physical Health in Psychosis. The 21st Australian Psychosis Conference will be held in Sydney from 10 to 13 September 2023, and the position paper will form the basis for further discussions at the Conference.

Board of Trustees

Overseen by the Board of Trustees, which is Chaired by Stephen Gerlach AM, Psychosis Australia examines the evidence of what works, assessing the effectiveness of programs and initiatives to determine which approaches produce the best outcomes in people's lives. Based on the evidence, they can recommend priority areas for future research.

Psychosis Australia Board of Trustees

Stephen Gerlach AM, Chair
 Bronwyn Russell, Treasurer
 Tony Stevenson, Secretary
 Professor Alison Yung, Chair, Research Advisory Council
 Professor Stanley Catts
 David Meldrum
 Kerry Hawkins
 Robert Ramjan AM
 Zoe Black
 Dr Debbie Hamilton

Research Advisory Council

To accomplish its mission, the Board of Trustees relies heavily on the advice of the Research Advisory Council, chaired by Professor Alison Yung. The Research Advisory Council's purpose is to advise the Psychosis Australia Trustees on research into schizophrenia, bipolar disorder and related disorders.

**To learn more about Psychosis Australia,
 visit psychosisaustralia.com.au.**

OUR PEOPLE

Our Board

Mick Reid AM, Independent Chair (until November 2021)
 Claire Moore, Independent Chair (from November 2021)
 Anthony Harris, Deputy Chair - One Door Mental Health
 Brien Hallett, Mental Health Foundation ACT
 Ann White, Mental Illness Fellowship of Western Australia
 Bronwyn Russell, Mental Illness Fellowship Australia (NT) (until November 2021)
 Vanessa Harris, Mental Illness Fellowship Australia (NT) (from November 2021)
 Tom Ryan, selectability
 Pat McLeod, Skylight Mental Health
 Rob Ramjan AM, Independent Board Member (Treasurer from March 2022)

Our Team

Tony Stevenson, National Chief Executive Officer
 Hayley Abell, Director of Strategy and Policy
 Donna Didlick, Project Director
 Zoey Ka, Lived Experience Project Lead
 Ilyse Elphick, Office Manager
 Crystal Heffron, Project Officer

Our Patron

His Excellency General, the Honourable David Hurley AC DSC (Retd) Governor-General of the Commonwealth of Australia

Our Volunteers

Megan Mackenzie
 Bev Turnbull
 Lauren Cochrane
 Martine Cotton

MIFA Member CEOs

Sharon Sarah, Bridges Health & Community Care (until 2021)
 Angie Ingram, Mental Health Foundation ACT
 Lorraine Davies, Mental Illness Fellowship Australia (NT)
 Monique Williamson, Mental Illness Fellowship of Western Australia
 Kathi Boorman, One Door Mental Health
 Debra Burden, selectability
 Paul Creedon, Skylight Mental Health

Our Co-Design Team

Amanda Keaton (NSW), Lived Experience Representative
 Anne Barbara (SA), Carer Representative
 Arahni Sont (NSW), Carer Representative
 Ellen Mugridge (ACT), Service representative
 Hayley Harris (WA), Lived Experience Representative
 Jenny Smith (NSW), Lived Experience Representative
 Norm Wotherspoon (QLD), Lived Experience Representative
 Roz Havard (NT), Carer Representative

Finding North Network Advisory Group

Jan Archer, Principal and Facilitator for Alliance for Leadership Learning
 Hayley Harris, Peer Facilitator and Trainer for MIFWA
 Kathi Boorman, One Door Mental Health CEO
 Tony Stevenson, MIFA National CEO
 Zoey Ka, MIFA Lived Experience Project Lead
 Donna Didlick, MIFA Project Director

OUR SUPPORTERS

We are grateful for the support we receive from our passionate community across Australia to achieve our vision, mission and strategic objectives.

Our Sponsors

We acknowledge and appreciate the ongoing support of Janssen Australia, Lundbeck Australia, Servier, Media Key and the Queensland Mental Health Commission.

These financial contributions enable MIFA to play a valuable role in leading mental health sector reform and amplifying the voices of people living with mental illness, their families and carers.



Queensland
Mental Health
Commission



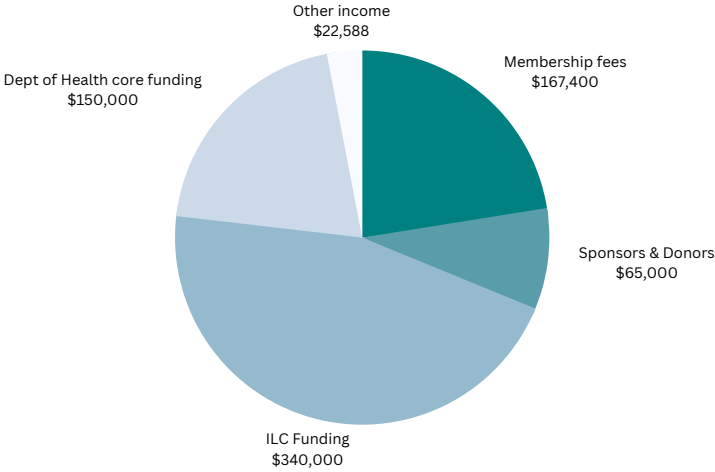
Our Funders

During the 2020-2022 financial years, MIFA received funding from the following federal departments and agencies:

- Funding from the Department of Health for maintaining the capacity to advocate for people with mental illness, their families, and carers in Australia.
- Funding from the National Disability Insurance Agency and the Department of Social Services to deliver two Information, Linkages and Capacity Building grants from 2019 to 2022 and 2020 to 2022.

FINANCIAL STATEMENTS

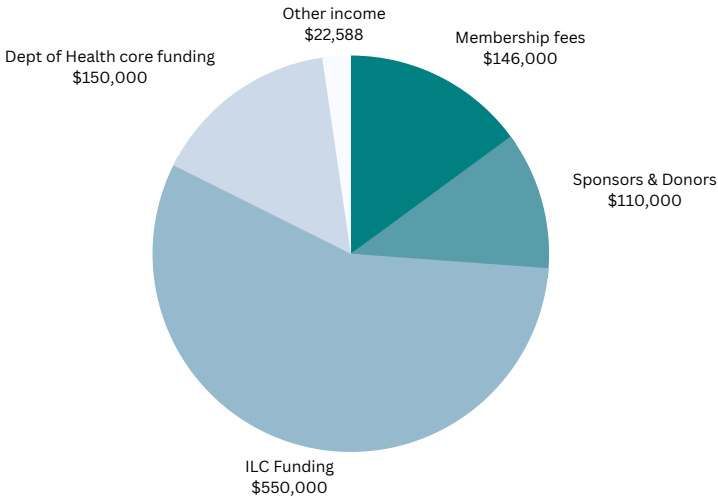
2020-2021



- This was the second year of ILC funding (Finding North) of \$537,000 over three years
- An additional ILC grant was secured (Finding North Network) of \$786,000 over two years
- This was the second year of the Department of Health funding of \$300,000 over two years.

2021-2022

- This was the third year of ILC funding (Finding North) of \$537,000 over three years
- This was the second year of ILC funding (Finding North Network) of \$786,000 over two years
- The Department of Health funding of \$300,000 over two years was renewed.



The full Audited Financial Report is available on the MIFA website.



MENTAL ILLNESS FELLOWSHIP OF AUSTRALIA

QCOSS, Ground Floor, River Tower, 20 Pidgeon
Close, West End QLD 4101

mifa.org.au



Mental Illness Fellowship of Australia Incorporated

ABN 73 204 129 543

For the year ended 30 June 2022

Mental Illness Fellowship of Australia Incorporated

ABN 73 204 129 543

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Statement of Profit or Loss and Other Comprehensive Income

For the year ended 30 June 2022

	Notes	2022 \$	2021 \$
Income			
Revenue and other income	2	958,138	744,810
Total revenue and other income		958,138	744,810
Expenses			
Employee benefits expense		672,742	461,201
Other expenses		336,776	221,553
Finance costs		147	354
Depreciation		856	-
Total expenses	3	1,010,521	683,108
Profit/ (loss) before income tax		(52,383)	61,702
Income tax expense		-	-
Surplus/(deficit) after income tax		(52,383)	61,702
Other comprehensive income		-	-
Total comprehensive income		(52,383)	61,702

The accompanying notes form part of these financial statements.

Statement of Financial Position

as at 30 June 2022

	Notes	2022 \$	2021 \$
Assets			
Current			
Cash and cash equivalents	4	589,202	614,566
Trade and other receivables	5	28,246	4,678
Other current assets	7	1,544	4,251
Total Current Assets		618,992	623,495
Non-Current			
Plant and equipment	6	3,034	-
Other non-current assets	7	4,867	-
Total Non-Current Assets		7,901	-
Total Assets		626,893	623,495
Liabilities			
Current			
Trade and other payables	8	29,676	39,453
Unearned revenue	9	428,301	391,530
Provisions	10	36,049	25,687
Total Current Liabilities		494,026	456,670
Non-Current			
Provisions	10	18,425	-
Total Non-Current Liabilities		18,425	-
Total Liabilities		512,451	456,670
Net Assets		114,442	166,825
Accumulated Funds			
Opening accumulated funds		166,825	105,123
Current year operating surplus / (deficit)		(52,383)	61,702
Total Equity		114,442	166,825

The accompanying notes form part of these financial statements.

Statement of Changes in Equity

For the year ended 30 June 2022

	Accumulated Funds \$	Total \$
Balance at 1 July 2020	105,123	105,123
Total comprehensive income	61,702	61,702
Balance at 30 June 2021	<u>166,825</u>	<u>166,825</u>
Balance at 1 July 2021	166,825	166,825
Total comprehensive income	(52,383)	(52,383)
Balance at 30 June 2022	<u>114,442</u>	<u>114,442</u>

The accompanying notes form part of these financial statements.

Statement of Cash Flows

For the year ended 30 June 2022

	Notes	2022 \$	2021 \$
Cash Flows from Operating Activities			
Receipts from member contributions		160,490	200,640
Receipts from donors, sponsors and others		908,725	793,106
COVID-19 stimulus (cash flow boost)		-	34,246
Payments to suppliers and employees		(1,090,754)	(720,909)
Interest received		65	126
Net cash provided by / (used in) operating activities	11	(21,474)	307,209
Cash Flow from Investing Activities			
Payment for property, plant and equipment		(3,890)	-
Net cash provided by / (used in) investing activities		(3,890)	-
Net increase/(decrease) in cash held		(25,364)	307,209
Cash at beginning of year		614,566	307,357
Cash at end of year	4	589,202	614,566

The accompanying notes form part of these financial statements.

Notes to the Financial Statements

For the year ended 30 June 2022

1. Statement of significant accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Basis of preparation

In the directors' opinion, Mental Illness Fellowship of Australia Inc ("MIFA") is not a reporting entity because there are no users dependent on general purpose financial statements.

These special purpose financial statements have been prepared for the sole purpose of distributing a financial report to the members and to fulfil the financial reporting requirements of MIFA in accordance with the Australian Charities and Not-for-profits Commission Act 2012 and must not be used for any other purpose. The directors have determined that the accounting policies adopted are appropriate to meet the needs of the members.

These special purpose financial statements do not comply with all the recognition and measurement requirements in Australian Accounting Standards. The material accounting policies disclosed in Note 1 that have not been assessed for compliance with Australian Accounting Standards include:

- Recognition of income
- Employee benefits

These financial statements have been prepared in accordance with the disclosure requirements of AASB 101 'Presentation of Financial Statements', AASB 107 'Statement of Cash Flows', AASB 108 'Accounting Policies, Changes in Accounting Estimates and Errors' and AASB 1054 'Australian Additional Disclosures', as appropriate for not-for-profit oriented entities.

The financial report is for the Mental Illness Fellowship of Australia Inc as an individual entity, an incorporated association, incorporated and domiciled in the Australian Capital Territory. The Association is a not-for-profit entity for the purposes of preparing the financial statements and the financial statements are presented in Australian Dollars, which is MIFA's functional and presentation currency.

The financial statements were authorised for issue by the Board on the date the Directors' Declaration was signed. The directors have the power to amend and reissue the financial statements.

Historical cost convention

The financial statements have been prepared under the historical cost convention.

Notes to the Financial Statements

For the year ended 30 June 2022

Critical accounting estimates

The preparation of the financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the Association's accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements, are disclosed below.

New or amended Accounting Standards and Interpretations adopted

MIFA has adopted all of the new or amended Accounting Standards and Interpretations issued by the Australian Accounting Standards Board ('AASB'), to the extent applied, that are mandatory for the current reporting period.

None of the new or amended Accounting Standards and Interpretations adopted have had a significant impact on the Association.

Any new or amended Accounting Standards or Interpretations that are not yet mandatory have not been early adopted. The directors have reviewed the accounting standards issued but not yet effective at the date of this report and none of the revisions or new standards, to the extent applied, are anticipated to have a significant impact on MIFA.

Accounting policies

Income tax

No provision for income tax has been raised as the Association is exempt from income tax under Division 50 of the Income Tax Assessment Act 1997.

Income recognition

Membership contributions

Revenue from membership contributions is recognised over the membership period.

Events and sponsorship revenue

Events and sponsorship revenue is recognised when the related event takes place.

Grant income

The performance obligations attached to grant funding are considered when determining how to account for the revenue. Grant revenue is recognised in the surplus or deficit when the Association satisfies the performance obligations stated within the funding agreements.

Where the grant funding has no specific performance obligations attached the revenue is recognised at the point in time the right to receive the grant funds occurs.

Notes to the Financial Statements

For the year ended 30 June 2022

If conditions are attached to the grant which must be satisfied before the Association is eligible to retain the contribution, the grant will be recognised in the statement of financial position as a liability until those conditions are satisfied.

Donations

Donations are recognised at the time of receipt.

Interest revenue

Interest revenue is recognised on an accrual basis using the effective interest method.

Government support

MIFA is the recipient of Government support in the form of Cashflow Boost. This support is recognised as other income in the period to which the amounts will be credited.

All revenue and other income is stated net of the amount of any goods and services tax (GST).

Operating expenses

Operating expenses are recognised in the surplus or deficit upon utilisation of the service or at the date of their origin.

Current and non-current classification

Assets and liabilities are presented in the statement of financial position based on current and non-current classification.

An asset is classified as current when: it is either expected to be realised or intended to be sold or consumed in MIFA's normal operating cycle; it is held primarily for the purpose of trading; it is expected to be realised within 12 months after the reporting period; or the asset is cash or a cash equivalent unless restricted from being exchanged or used to settle a liability for at least 12 months after the reporting period. All other assets are classified as non-current.

A liability is classified as current when: it is either expected to be settled in MIFA's normal operating cycle; it is held primarily for the purpose of trading; it is due to be settled within 12 months after the reporting period; or there is no unconditional right to defer the settlement of the liability for at least 12 months after the reporting period. All other liabilities are classified as non-current.

Notes to the Financial Statements

For the year ended 30 June 2022

Cash and cash equivalents

Cash and cash equivalents includes cash on hand, deposits held at call with financial institutions, other short-term, highly liquid investments that are readily convertible to known amounts of cash and which are subject to an insignificant risk of changes in value.

Trade and other receivables

Trade receivables are recognised initially at fair value and subsequently measured at amortised cost, less any allowance for expected credit losses. Trade receivables are due for settlement no more than 30 days after the transaction.

Other receivables are recognised at amortised cost, less any allowance for expected credit losses.

Trade and other payables

These amounts represent liabilities for goods and services provided to the Association prior to the end of the financial year which are unpaid. Due to their short-term nature they are measured at amortised cost and are not discounted. The amounts are unsecured and are usually paid by the end of the month following the month of purchase.

Employee benefits

Provision is made for the association's liability for employee benefits arising from services rendered by employees to balance date. Employee benefits that are expected to be settled within one year have been measured at the amounts expected to be paid when the liability is settled, plus related on-costs.

Long-term employee benefit obligations

Long service leave is accrued at nominal rates for employees with five years or more continuous service.

Portable long service leave

From 1 January 2021, portability of long service leave was extended to the community services sector in Queensland. This provides the portability of accrued long service leave entitlements accumulated up to the statutory minimum, for staff leaving to work within the Community Services Sector in Queensland. The employer then claims reimbursement from QLeave for statutory leave accrued since the employee commenced or 1 January 2021 (whichever is later). The same applies to ongoing staff who have worked for 10 or more years and who avail themselves of accrued long service leave.

A separate reimbursement asset is taken up for amounts recoverable from QLeave for all employees with five years or more continuous service.

Notes to the Financial Statements

For the year ended 30 June 2022

Plant and equipment

Each class of plant and equipment is carried at cost less, where applicable, any accumulated depreciation and impairment losses.

The carrying amount of plant and equipment is reviewed annually by Directors to ensure it is not in excess of the recoverable amount from those assets. The recoverable amount is assessed on the basis of expected net cash flows which will be received from the asset's employment and subsequent disposal. The expected net cash flows have not been discounted to present values in determining recoverable amounts.

Subsequent costs are included in the asset's carrying amount or recognised as a separate asset, as appropriate, only when it is probable that future economic benefits associated with the item will flow to the association and the cost of the item can be measured reliably. All other repairs and maintenance are charged to the statement of profit or loss during the period in which they are incurred.

Depreciation

The depreciable amount of all fixed assets are depreciated on a straight-line basis over their estimated useful lives to the association commencing from the time the asset is held ready for use.

The depreciation rates used for each class of assets are:

Computer equipment	33%
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The assets' residual values and useful lives are reviewed, and adjusted if appropriate, at each balance date.

An asset's carrying amount is written down immediately to its recoverable amount if the asset's carrying amount is greater than its estimated recoverable amount.

Gains and losses on disposals are determined by comparing proceeds with the carrying amount. These gains and losses are included in the statement of profit or loss.

Equity

Accumulated funds includes all current and prior period retained earnings.

Notes to the Financial Statements

For the year ended 30 June 2022

Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of associated GST, unless the GST incurred is not recoverable from the tax authority. In this case it is recognised as part of the cost of the acquisition of the asset or as part of the expense.

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the tax authority is included in other receivables in the statement of financial position.

Cash flows are presented on a gross basis. The GST components of cash flows arising from investing or financing activities which are recoverable from, or payable to the tax authority, are presented as operating cash flows.

Commitments and contingencies are disclosed net of the amount of GST recoverable from, or payable to, the tax authority.

Critical accounting judgements, estimates and assumptions

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the reported amounts in the financial statements. Management continually evaluates its judgements and estimates in relation to assets, liabilities, contingent liabilities, revenue and expenses. Management bases its judgements, estimates and assumptions on historical experience and on other various factors, including expectations of future events or management believes to be reasonable under the circumstances. The resulting accounting judgements and estimates will seldom equal the related actual results. The judgements, estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Coronavirus (COVID-19) pandemic

Judgement has been exercised in considering the impacts that the Coronavirus (COVID-19) pandemic has had, or may have, on MIFA based on known information. This consideration extends to the nature of the activities and the role the Association has in representing a national voice and approach to enable people with mental illness and their carers to fully share in the community with the same rights and opportunities as other citizens. Other than as addressed in specific notes, there does not currently appear to be either any significant impact upon the financial statements or any significant uncertainties with respect to events or conditions which may impact MIFA unfavourably as at the reporting date or subsequently as a result of the Coronavirus (COVID-19) pandemic and notwithstanding the volatile nature of the pandemic and uncertainty in the Australian and global economies, directors have confidence that the Association will continue to be able to represent the interests of people affected by mental illness.

Notes to the Financial Statements

For the year ended 30 June 2022

2. Revenue and other income	2022	2021
	\$	\$
Grants, Donations and Sponsorships		
- Janssen Cilag	23,636	30,000
- Lundbeck	-	9,091
- Servier Laboratories	5,000	10,000
- Affinity	-	3,616
- Mental Health Online	909	-
- Micah Projects	3,000	1,000
- Princess Pictures	1,363	455
- Queensland Alliance for Mental Health	-	2,000
- Queensland Mental Health Commission	18,000	-
- Queensland University of Technology	909	-
- Relton Co Pty Ltd	-	500
- Satellite Foundation	-	1,000
- Serif (Europe) Ltd	3,678	-
- South Burnett Regional Council	-	500
- The Yorke Family Foundation	3,000	6,000
- Other Donors	20,945	5,106
- Gambling Community Benefit Fund	26,818	-
- Department of Social Services	371,229	156,947
- National Disability Insurance Agency	183,686	178,607
- Department of Health	150,000	150,000
	<u>812,173</u>	<u>554,822</u>

The following additional sponsorships were received in 2021-22 and recorded as unearned revenue, as the sponsored events are due to occur in the 2022-23 financial year:

- Janssen Cilag - \$10,000 (2020: \$29,000)
- Micah Projects - \$nil (2020: \$3,000)
- Serif (Europe) Ltd - \$nil (2020: \$3,678)
- Lundbeck - \$25,000 (2020: \$nil)
- Princess Pictures - \$1,364 (2020: \$nil)

Events and sponsorship revenue is recognised when the related event takes place. COVID-19 disrupted some of MIFA's planned events in 2020, resulting in the related sponsorship revenue being deferred to 2020-21.

	2022	2021
	\$	\$
Financial Contributions - Members		
Bridges Health and Community Care	-	16,000
Mental Illness Fellowship of Australia (NT)	10,000	10,000
Mental Health Foundation ACT	5,900	6,400
selectability	30,000	45,000
Skylight Mental Health Inc	30,000	20,000
Mental Illness Fellowship of Western Australia	40,000	40,000
One Door Mental Health (Schizophrenia Fellowship of NSW Inc)	30,000	30,000
	<u>145,900</u>	<u>167,400</u>

Notes to the Financial Statements

For the year ended 30 June 2022

	2022	2021
	\$	\$
Other Income		
Michael Lockwood	-	-
Norbert Schweizer	-	-
COVID-19 stimulus (cash flow boost)	-	22,462
Interest	65	126
	<u>65</u>	<u>22,588</u>
Total revenue and other income	<u>958,138</u>	<u>744,810</u>

3. Surplus / (deficit) for the year

	2022	2021
	\$	\$

The following significant expense items with other expenses are relevant in explaining financial performance

Accounting costs	18,582	20,729
Audit fees	9,450	9,630
Bank charges	147	354
Board meeting costs	14,874	851
Business development	1,142	1,475
Depreciation	856	-
Insurance	9,749	8,164
Office costs	28,825	19,987
Project expense	167,163	126,326
Salaries and related costs	672,742	461,201
Office communication	5,705	1,283
Promotional costs	49,523	13,944
Training expenses	7,905	10,545
Recruitment costs	-	835
Travel and accommodation	23,858	7,784
	<u>1,010,521</u>	<u>683,108</u>

4. Cash and cash equivalents

	2022	2021
	\$	\$
Cheque account	118,910	33,334
Investment account	470,292	581,232
	<u>589,202</u>	<u>614,566</u>

5. Trade and other receivables

	2022	2021
	\$	\$
Current		
Trade receivable	28,246	4,678
	<u>28,246</u>	<u>4,678</u>

Notes to the Financial Statements

For the year ended 30 June 2022

6. Plant and equipment	2022	2021
	\$	\$
Computer equipment	3,890	-
Less: accumulated depreciation	(856)	-
	<u>3,034</u>	<u>-</u>
7. Other assets	2022	2021
	\$	\$
Current		
Prepayments	1,544	4,251
	<u>1,544</u>	<u>4,251</u>
Non-Current		
Qleave recoverable	4,867	-
	<u>4,867</u>	<u>-</u>
8. Trade and other payables	2022	2021
	\$	\$
Current		
Accrued expenses	8,850	8,850
Trade creditors	20,706	29,685
Sundry creditors	120	918
GST, PAYG and Superannuation payable	-	-
	<u>29,676</u>	<u>39,453</u>
9. Unearned revenue	2022	2021
	\$	\$
Current		
Unearned revenue - grants	362,937	355,852
Unearned revenue - sponsorships and donations	65,364	35,678
	<u>428,301</u>	<u>391,530</u>
10. Provisions	2022	2021
	\$	\$
Current		
Provision for annual leave	36,049	25,687
	<u>36,049</u>	<u>25,687</u>
Non-current		
Provision for long service leave	18,425	-
	<u>18,425</u>	<u>-</u>

Notes to the Financial Statements

For the year ended 30 June 2022

11. Cash flow information

Reconciliation of cash

Cash at the end of the financial year as shown in the Statement of Cash Flows is reconciled to the related items in the Statement of Financial Position as follows:

	2022	2021
	\$	\$
Reconciliation of cash flows from operations with surplus after income tax:		
Surplus after income tax	(52,383)	61,702
<i>Non-cash flows in profit</i>		
Depreciation	856	-
<i>Changes in assets and liabilities</i>		
(Increase)/decrease in trade and other receivables	(23,568)	26,570
(Increase)/decrease in other assets	(2,160)	3,160
Increase/(decrease) in trade and other payables	(9,777)	21,728
Increase/(decrease) in unearned revenue	36,771	178,714
Increase/(decrease) in provisions	28,787	15,335
Cash flows from operating activities	(21,474)	307,209

12. Events after the reporting date

No matters have arisen since the end of the financial year that have significantly affected or may significantly affect the operations of MIFA.

13. Economic dependency

The Mental Illness Fellowship of Australia Incorporated receives the majority of its income through Members and government grants. The nature and extent of these funding sources make the Mental Illness Fellowship of Australia Incorporated economically dependent upon these parties in order to continue to provide its current services.

14. Contingent liabilities

There were no contingent liabilities facing MIFA as of 30 June 2022 (2021: nil).

15. Board remuneration

During the financial year, no members of the Board of MIFA received either directly or indirectly as a member of a firm or body corporate payments as a result of transactions with MIFA in the ordinary course of business and in accordance with normal commercial terms and conditions.

Mental Illness Fellowship of Australia Incorporated

ABN 73 204 129 543

Notes to the Financial Statements

For the year ended 30 June 2022

16. Association details

The registered office and principal place of business of the association is:

Mental Illness Fellowship of Australia Incorporated
20 Pidgeon Close
West End, Queensland 4101
Australia

The principal activities of MIFA during the financial year were to represent a national voice and approach to enable people with mental illness and their carers to fully share in the community with the same rights and opportunities as other citizens.

Notes to the Financial Statements

For the year ended 30 June 2022

17. Trust Information

Mental Illness Fellowship of Australia Inc has acted as trustee of the Psychosis Australia Trust since its inception on the 1st December 2011. The financial information for the Trust is presented below:

Statement of Profit or Loss and Other Comprehensive Income

	2022	2021
	\$	\$
Total revenue and other income	5,550	26
Total expenses	(11,360)	(11,555)
Total Profit / (Loss) from operations	<u>(5,810)</u>	<u>(11,529)</u>
Total comprehensive income	<u>(5,810)</u>	<u>(11,529)</u>

Statement of Financial Position

Assets

Current assets

Cash and cash equivalents	67,149	77,480
Trade and other receivables	268	490
Other current assets	-	-
Total current assets	<u>67,417</u>	<u>77,970</u>

Other non-current assets

Other non-current assets	<u>21,927</u>	<u>21,927</u>
Total non-current assets	<u>21,927</u>	<u>21,927</u>

Total Assets

Total Assets	<u>89,344</u>	<u>99,897</u>
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Liabilities

Current liabilities

Trade and other payables	<u>1,760</u>	<u>6,503</u>
Total current liabilities	<u>1,760</u>	<u>6,503</u>
Total liabilities	<u>1,760</u>	<u>6,503</u>

Net Assets

Net Assets	<u>87,584</u>	<u>93,394</u>
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Equity

Opening accumulated funds	93,394	104,923
Net income	<u>(5,810)</u>	<u>(11,529)</u>
Total equity	<u>87,584</u>	<u>93,394</u>

Mortgages, Charges or Other Securities

The Trust does not have any mortgages, charges or other securities affecting the property of the Trust.

Trust liabilities and right of indemnity

In accordance with the Trust Deed the trustees of the Psychosis Australia Trust are not liable should the Trust be unable to meet its obligations.

Mental Illness Fellowship of Australia Incorporated

ABN 73 204 129 543

Directors' Declaration

The Directors have determined that the Mental Illness Fellowship of Australia Inc (MIFA) is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies described in Note 1 to the financial statements.

The Directors of the association declare that:

1. The financial statements and notes, as set out in pages 1 to 16, are in accordance with the Australian Charities and Not-for-profits Commission Act 2012 and the Australian Charities and Not-for-profits Commission Regulation 2013; and
 - (a) Comply with the Accounting Standards described in Note 1 to the financial statements; and
 - (b) Give a true and fair view of the association's financial position as at 30 June 2022 and of its performance for the year ended on that date; and
2. In the Directors' opinion, there are reasonable grounds to believe that MIFA will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board of Directors.

Claire Moore

Claire Moore
Independent Chair

27 October 2022

Auditor's Independence Declaration

To the Directors of Mental Illness Fellowship of Australia Incorporated

In accordance with the requirements of section 60-40 of the Australian Charities and Not-for-profits Commission Act 2012, as lead auditor for the audit of Mental Illness Fellowship of Australia Incorporated for the year ended 30 June 2022, I declare that, to the best of my knowledge and belief, there have been no contraventions of any applicable code of professional conduct in relation to the audit.

Grant Thornton

Grant Thornton Audit Pty Ltd
Chartered Accountants

H. E. Hiscox

H E Hiscox
Partner – Audit & Assurance

Brisbane, 27 October 2022

Independent Auditor's Report

To the Members of Mental Illness Fellowship of Australia Incorporated

Report on the audit of the financial report

Opinion

We have audited the accompanying financial report of Mental Illness Fellowship of Australia Incorporated (the "Registered Entity"), which comprises the statement of financial position as at 30 June 2022, and the statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and the Directors' declaration.

In our opinion, the financial report of Mental Illness Fellowship of Australia Incorporated has been prepared in accordance with *Division 60 of the Australian Charities and Not-for-profits Commission Act 2012*, including:

- a giving a true and fair view of the Registered Entity's financial position as at 30 June 2022 and of its financial performance for the year then ended; and
- b complying with Australian Accounting Standards to the extent described in Note 1 and Division 60 of the *Australian Charities and Not-for-profits Commission Regulation 2013*.

Basis for opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Registered Entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Emphasis of matter – basis of accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purposes of fulfilling the Registered Entity's financial reporting responsibilities under the *Australian Charities and Not-for-profits Commission Act 2012*. As a result the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Responsibilities of the Directors for the financial report

The Directors of the Registered Entity are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the *Australian Charities and Not-for-profits Commission Act 2012*. The Directors' responsibility also includes such internal control as the Directors determine is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the Directors are responsible for assessing the Registered Entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Directors either intend to liquidate the Registered Entity or to cease operations, or have no realistic alternative but to do so.

The Directors are responsible for overseeing the Registered Entity's financial reporting process.

Auditor's responsibilities for the audit of the financial report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Registered Entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Directors.
- Conclude on the appropriateness of the Directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Registered Entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Registered Entity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Grant Thornton

Grant Thornton Audit Pty Ltd
Chartered Accountants

H. E. Hiscox

H E Hiscox
Partner – Audit & Assurance
Brisbane, 27 October 2022

The Psychosis Australia Trust

ABN 54 612 732 559

For the year ended 30 June 2022

The Psychosis Australia Trust

ABN 54 612 732 559

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Statement of Profit or Loss and Other Comprehensive Income

For the year ended 30 June 2022

	Notes	2022 \$	2021 \$
Income			
Revenue and other income	2	5,550	26
Total revenue and other income		5,550	26
Expenses			
Auditors' remuneration		4,260	1,550
Bank fees		3	-
Consultancy expenses		-	9,805
Membership fees		200	200
Travelling expenses		6,897	-
Total expenses		11,360	11,555
Surplus / (deficit) from operations		(5,810)	(11,529)
Other comprehensive income		-	-
Total comprehensive income		(5,810)	(11,529)

The accompanying notes form part of these financial statements.

Statement of Financial Position

as at 30 June 2022

	Notes	2022 \$	2021 \$
Assets			
Current			
Cash and cash equivalents	3	67,149	77,480
Trade and other receivables	4	268	490
Total Current Assets		67,417	77,970
Non-Current			
Other non-current assets	5	21,927	21,927
Total Non-Current Assets		21,927	21,927
Total Assets		89,344	99,897
Liabilities			
Current			
Trade and other payables	6	1,760	6,503
Total Current Liabilities		1,760	6,503
Total Non-Current Liabilities		-	-
Total Liabilities		1,760	6,503
Net Assets		87,584	93,394
Accumulated Funds			
Opening accumulated funds		93,394	104,923
Current year operating surplus / (deficit)		(5,810)	(11,529)
Total Equity		87,584	93,394

The accompanying notes form part of these financial statements.

The Psychosis Australia Trust

ABN 54 612 732 559

Statement of Changes in Equity

For the year ended 30 June 2022

	Accumulated funds	Total
	\$	\$
Balance at 1 July 2020	104,923	104,923
Total comprehensive income	(11,529)	(11,529)
Balance at 30 June 2021	<u>93,394</u>	<u>93,394</u>
Balance at 1 July 2021	93,394	93,394
Total comprehensive income	(5,810)	(5,810)
Balance at 30 June 2022	<u>87,584</u>	<u>87,584</u>

The accompanying notes form part of these financial statements.

Notes to the Financial Statements

For the year ended 30 June 2022

1. Statement of significant accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Basis of preparation

In the Trustee's opinion, the Trust is not a reporting entity because there are no users dependent on general purpose financial statements.

These special purpose financial statements have been prepared for the sole purpose of distributing a financial report to stakeholders and to fulfil the financial reporting requirements of the Trust in accordance with the Trust Deed and must not be used for any other purpose. The Trustee has determined that the accounting policies adopted are appropriate to meet the needs of stakeholders.

These special purpose financial statements have been prepared in accordance with the requirements of AASB 110 'Events after the Reporting Period' but do not comply with all the recognition and measurement requirements in Australian Accounting Standards.

The financial statements cover The Psychosis Australia Trust as an individual entity. The financial statements are presented in Australian Dollars, which is the Trust's functional and presentation currency.

The financial statements were authorised for issue by the Board on the date the Trustee's Declaration was signed. The Board have the power to amend and reissue the financial statements.

Historical cost convention

The financial statements have been prepared under the historical cost convention.

Critical accounting estimates

The preparation of the financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the Trust's accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements, are disclosed below.

New or amended Accounting Standards and Interpretations adopted

The Trust has adopted all of the new or amended Accounting Standards and Interpretations issued by the Australian Accounting Standards Board ('AASB'), to the extent applied, that are mandatory for the current reporting period.

None of the new or amended Accounting Standards and Interpretations adopted have had a significant impact on the Trust. Any new or amended Accounting Standards or Interpretations that are not yet mandatory have not been early adopted. The Trustee has reviewed the accounting standards issued but not yet effective at the date of this report and none of the revisions or new standards, to the extent applied, are anticipated to have a significant impact on the Trust.

Notes to the Financial Statements

For the year ended 30 June 2022

Accounting policies

Income tax

No provision for income tax has been raised as the entity is exempt from income tax under Division 50 of the Income Tax Assessment Act 1997.

Income recognition

Donations

Donations are recognised at the time of receipt.

Conference income

Conference income is recognised in surplus or deficit on the date of the conference.

Grant income

The performance obligations attached to grant funding are considered when determining how to account for the revenue. Grant revenue is recognised in surplus or deficit when the Trust satisfies the performance obligations stated within the funding agreements.

Where the grant funding has no specific performance obligations attached the revenue is recognised at the point in time the right to receive the grant funds occurs.

If conditions are attached to the grant which must be satisfied before the Trust is eligible to retain the contribution, the grant will be recognised in the statement of financial position as a liability until those conditions are satisfied.

Interest revenue

Interest revenue is recognised as interest accrues using the effective interest method.

Other revenue

Other revenue is recognised when it is received or when the right to receive payment is established.

Volunteer services

The Trust is the recipient of volunteer services in the form of in-kind support such as pro-bono services, volunteering and certain back office function support. The Trust has elected not to recognise volunteer services as either income or other form of contribution received except where formal documentation (such as a tax invoice) is provided. As such, any related consumption or capitalisation of such resources received is also not recognised.

All income is stated net of the amount of goods and services tax (GST).

Operating expenses

Operating expenses are recognised in surplus or deficit upon utilisation of the service or at the date of their origin.

Notes to the Financial Statements

For the year ended 30 June 2022

Current and non-current classification

Assets and liabilities are presented in the statement of financial position based on current and non-current classification.

An asset is classified as current when: it is either expected to be realised or intended to be sold or consumed in the Trust's normal operating cycle; it is held primarily for the purpose of trading; it is expected to be realised within 12 months after the reporting period; or the asset is cash or cash equivalent unless restricted from being exchanged or used to settle a liability for at least 12 months after the reporting period. All other assets are classified as non-current.

A liability is classified as current when: it is either expected to be settled in the Trust's normal operating cycle; it is held primarily for the purpose of trading; it is due to be settled within 12 months after the reporting period; or there is no unconditional right to defer the settlement of the liability for at least 12 months after the reporting period. All other liabilities are classified as non-current.

Cash and cash equivalents

Cash and cash equivalents includes cash on hand, deposits held at call with financial institutions, other short-term, highly liquid investments that are readily convertible to known amounts of cash and which are subject to an insignificant risk of changes in value.

Trade and other receivables

Trade receivables are recognised initially at fair value and subsequently measured at amortised cost, less any allowance for expected credit losses. Trade receivables are due for settlement no more than 30 days after the transaction.

Other receivables are recognised at amortised cost, less any allowance for expected credit losses.

Trade and other payables

These amounts represent liabilities for goods and services provided to the entity prior to the end of the financial year which are unpaid. Due to their short-term nature they are measured at amortised cost and are not discounted. The amounts are unsecured and are usually paid by the end of the month following the month of purchase.

Equity

Accumulated funds include all current and prior period retained earnings.

Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of associated GST, unless the GST incurred is not recoverable from the tax authority. In this case it is recognised as part of the cost of the acquisition of the asset or as part of the expense.

Notes to the Financial Statements

For the year ended 30 June 2022

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the tax authority is included in other receivables in the statement of financial position.

Commitments and contingencies are disclosed net of the amount of GST recoverable from, or payable to, the tax authority.

Critical accounting judgements, estimates and assumptions

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the reported amounts in the financial statements. Management continually evaluates its judgements and estimates in relation to assets, liabilities, contingent liabilities, revenue and expenses. Management bases its judgements, estimates and assumptions on historical experience and on other various factors, including expectations of future events management believes to be reasonable under the circumstances. The resulting accounting judgements and estimates will seldom equal the related actual results. The judgements, estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities (refer to the respective notes) within the next financial year are discussed below.

Coronavirus (COVID-19) pandemic

Judgement has been exercised in considering the impacts that the Coronavirus (COVID-19) pandemic has had, or may have, on the Trust based on known information. This consideration extends to the nature of the activities and the role the entity has to support organisational, investment, and policy capacity to carry out priority-driven research into schizophrenia and bi-polar disorder. Other than as addressed in specific notes, there does not currently appear to be either any significant impact upon the financial statements or any significant uncertainties with respect to events or conditions which may impact the Trust unfavourably as at the reporting date or subsequently as a result of the Coronavirus (COVID-19) pandemic and notwithstanding the volatile nature of the pandemic and uncertainty in the Australian and global economies, the Trustee has confidence that the entity will continue to be able to help all those affected by schizophrenia and bi-polar disorder to live better lives now.

2. Revenue and other income

	2022	2021
	\$	\$
Income		
- Donations received	5,543	-
	<u>5,543</u>	<u>-</u>
Revenue		
- Interest revenue	7	26
	<u>7</u>	<u>26</u>
Total revenue and other income	<u>5,550</u>	<u>26</u>

Notes to the Financial Statements

For the year ended 30 June 2022

3. Cash and cash equivalents	2022	2021
	\$	\$
Cheque account	6,362	700
Investment account	60,787	76,780
	<u>67,149</u>	<u>77,480</u>

4. Trade and other receivables	2022	2021
	\$	\$
Current		
GST receivable	268	490
	<u>268</u>	<u>490</u>

5. Other assets	2022	2021
	\$	\$
Non-current		
Deposits paid to suppliers	5a 21,927	21,927
	<u>21,927</u>	<u>21,927</u>

a. The APC conference was initially scheduled for September 2021. Due to COVID-19 restrictions, the conference was postponed until September 2023. The vendor agreed to apply the deposit paid for the 2021 conference to the conference planned for September 2023.

6. Trade and other payables	2022	2021
	\$	\$
Current		
Trade payables	-	4,903
Accrued expenses	1,760	1,600
	<u>1,760</u>	<u>6,503</u>

7. Events after the reporting date

No matters have arisen since the end of the financial year that have significantly affected or may significantly affect the operations of the Trust.

8. Contingent liabilities

There were no contingent liabilities facing the Trust as of 30 June 2022 that have not been brought to account in the financial report (2021: nil).

9. Related party transactions

During the financial year, no members of the Trust received either directly or indirectly as a member of a firm or body corporate payments as a result of transactions with the Trust in the ordinary course of business and in accordance with normal commercial terms and conditions.

The Psychosis Australia Trust

ABN 54 612 732 559

Notes to the Financial Statements

For the year ended 30 June 2022

10. Trust details

The registered office and principal place of business of the Trust is:

The Psychosis Australia Trust

c/- QCOSS

20 Pidgeon Close

WEST END QLD 4101

Australia

The Psychosis Australia Trust

ABN 54 612 732 559

Trustee's Declaration

The Trustee has determined that The Psychosis Australia Trust is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies described in Note 1 to the financial statements.

The Trustee declares that:

1. The financial statements and notes, as set out pages 1 to 9:
 - (a) Comply with the Accounting Standards to the extent described in Note 1 to the financial statements; and
 - (b) Give a true and fair view of the financial position as at 30 June 2022 and of the performance for the year ended on that date of the Trust in accordance with the accounting policies described in Note 1 to the financial statements; and
2. In the Trustee's opinion, there are reasonable grounds to believe that the Trust will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board appointed by the Trustee:



Tony Stevenson
Secretary

Dated this 2nd day of September 2022.